



Muckleshoot MONTHLY



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Muckleshoot Indian Reservation, Wash.

JUNE 15, 2013

EARLY SHAKER HISTORY *A Record of the Early Indian Shaker Faith and Work*

Leon Strom, Bishop of the Indian Shaker Church, shared this history and asked that it be printed. It tells of the beginnings of the church, as told by Mr. & Mrs. Anthony James of the Skokomish Indian Reservation. Mrs. James is the sister of Mary Slocum, John Slocum's wife.



John Slocum

John Slocum was a very kind man, who made his living by logging. He was willing to help the poor and used no angry words. He loved everyone alike. He was very fond of children. He did some racing and gambling.

One day he took sick (small pox was prevalent in the 1870's and 1880's). They took him to an Indian Doctor, and they were still doctoring him when he died. He died during the night with a broken neck. This was caused from the power and poison used by the Indian Doctor.

They laid him on the floor in the house where they were living and covered him with a sheet. Next morning, they went on a canoe to Olympia after a casket.

Mrs. James was a little girl then and was watching the body all the time. She says to her mother, "Mama, the body is moving." The mother says, "Don't look at him. Keep your face away. Don't watch him."

In moving his body he pushed the sheet from his face. He put his hands on his neck where the bone was broken. The second time when he put his hand back on his neck where it was broken, he moved it around. The third time he held his head upright, and then got up. His eyes were all white like when dead. He wiped his eyes three times with his fingers, and the third time he saw as good as ever.

He asked for clothes to put on. The people were too slow to get his clothes, so he jumped up and got a good blanket and wrapped himself in it. Then he ordered some water to bathe with. The people were too slow getting the water. It was too far to the creek, so he went himself in his blanket, and jumped into a tub of water and washed himself in it. He came in and changed his clothes.

Then he invited all the people around there to come to his place. He ordered his wife to get some blankets and mattresses and put around on the dirt floor so the Indians could all sit down. When they all came in, he ordered them to kneel down and pray.

When they were through praying, he told the people to cross themselves. In those days none of the people knew how to cross themselves. They made it many ways. Then he began to pray again, and to explain all things that he had seen and to tell them all the things that were forbidden them.

When he died, he went directly to heaven and the Gateman told him he wasn't good enough to come in - to go back and explain all these things to the Indians. He told them they were not to go gambling, horse racing, drinking, lying, stealing, or any of those bad things. John Slocum was given ten days, meaning ten years, to not do any of those things to get ready for heaven.

He built a church after he got well. He was sent back from Jesus to build a church. There was no name to the church. He preached there and prayed for the sick. He put one hand on the place where they were sick and held the other hand up, and that is the way they were cured. Mary Slocum later received the shake near this church and that's why the place was called Shaker point.

He kept it up for not quite a year, when they had a big time at Shelton - Horse Racing. John Slocum had a little pony. He heard about the time and rode his pony

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Canoe Family Prepares for Paddle to Quinault

Greetings, everyone. This is Mike Edwards from the Muckleshoot Canoe Family, starting a new year out as we're getting ready and prepared for Tribal Journeys 2013, as we head to the Quinault Nation at Taholah. This will be the 11th anniversary for the Canoe Family. Their first paddle was to Taholah in 2002, the first year they'd ever been on the water.

It's been a fairly slow year for the Canoe Family, but we're up and rolling again. A lot of it had to do with transition from one building to another, and one building to another again. We finally have our final home now, which is the old Head Start building. We'll be meeting Tuesday evenings at 6:00 PM, and on Wednesday and Thursday evenings we'll be open for crafts and regalia making, once we get settled in.

We've been having practice every weekend, usually on Sunday. We take turns going to different places. We've been to Solo Point about two or three times; to Squaxin, and to Alki two or three times. We traveled to Quinault one day for surf training to learn how to ride the waves coming in on the ocean for the final day at landing. They will have one more surf training coming up, which would be held in either Quileute Nation or Hoh River Nation, where the



canoes will practice coming into the mouth of the river.

But, once again, we'd like to invite all tribal members that may be interested in participating with us in the annual canoe journey, whether it be pulling canoe or helping out on the ground crew. You all are more than welcome to join us if you would like. We do know that it is hard to get time off from work, so our group is a little bit smaller this year - not much, but some - than it was in the past.

So, we still have that opening going out for anyone that is interested in coming with us as we travel to Quinault. Our starting day is estimated at leaving Muckleshoot July 20th or July 21st and starting from Port Townsend. The landing date for the canoes at Quinault is August 1st and they have scheduled their protocol to last until August 6th.

We do not anticipate

any canoes coming through our area this year. Squaxin, Nisqually and Puyallup are coming up from the south, but they are going to stick to the peninsula side, the west side of the Puget Sound and go up the Bremerton side up into Suquamish.

Next year, we do not plan on hosting either, as our journey is going to be a little bit longer - anywhere up to a month - on the Paddle to Bella Bella 2014, so we're hoping to have good-sized crew for that year too. It's going to take a lot of practice.

But, once again, if you are interested in joining this Tribal Journey, participating with us, please try to attend our Tuesday evening meetings or Wednesday and Thursday evening gatherings at the old Head Start building located in between the Tribal Police Station and the Resource Center.

And we'd like to thank the Council again

for being our backers, giving us the support that we need to continue on with the Tribal Journeys as we have been for the last ten, eleven years, and we thank the elders. We invite more elders if they'd like to join us also. That is fine. They did have a sign-up for elders. Rooms are very limited for the elders, so I would check in at the Elders Center to see how many rooms they have, because it's pretty limited this year on account of the location of the Tribal Journeys.

But, once again, I'd like to thank each and every one of you and we look forward to seeing a few more people, if they're interested to come with us on Tribal Journey, and we really encourage the youth to join us also, if they can.

So, I will cut it short for this time and have a little bit longer article for the July newspaper before we leave and head out on Tribal Journey.

SHARON CALVERT: A Lifetime of Dedication to Native Students

Sharon Calvert was one tough cookie. She was a very determined person - you might even say she was stubborn. But in a good way. Sharon was a fighter. She was brave and courageous, and she never gave up. And in the end she was an inspiration - not only to the hundreds of Native students she championed in the Enumclaw schools over the years - but to all of us.

The following are excerpts from an unpublished interview with Sharon in 2009, right after she did something that she did year after year. It was a Friday, and she'd just brought her high school grads in to show them off to the Tribal Council and to give them the opportunity to thank the Tribe for its support of Indian education in the Enumclaw schools.

One thing was different this year, though: Sharon had retired and her niece, Cathy Calvert, had taken over. This was Sharon's 37th group of graduating seniors. As we visited on the bench outside the front door of the Philip Starr Building, these young men and women were standing nearby with their proud parents, talking cheerfully among themselves on bright sunny day.

"Some of them were in kindergarten when they came in and I started working with them and with their families. Sometimes, in some of these families, it's not an easy life for them; but these kids have been able to rise above it and get through with my help, and now Cathy's. Last year, I called a girl into my office and told her



PHOTO BY BOB CHARLO

Sharon took the cause of Indian Education to the School Board many times, but not in her Kiyah outfit. On this occasion, she was being honored for a lifetime of service.

I was going to retire, and she said, 'You can't do that! I have one year of school left and I have to have you next year. Who's going to be here for us to go to?' I said, 'Listen, they'll hire somebody that's better than I, and you'll be fine.' And she said, 'Oh, I don't believe it.' You know, she was just sick, because I've always been there and I've always been able to help her along the way.

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Muckleshoot Involvement in the Seattle Central Waterfront Redevelopment Project
WORKING TO ENSURE A STRONG NATIVE PRESENCE

The Seattle waterfront is about to undergo a major transformation. The Tribal Council is working with the city to make sure the Seattle Central Waterfront Redevelopment Project incorporates design elements that tell the story of Native peoples of the Seattle area from the perspective of recognized tribes.

Extending almost two miles from Pioneer Square on the southern edge of the city, past Seattle's downtown to Myrtle Edwards Park on the north, the Seattle Central Waterfront is the most urbanized portion of the Elliott Bay shoreline. The removal of the Alaskan Way Viaduct and Seawall replacement project will create a unique opportunity to redevelop this important stretch of urban Waterfront.

The Central Waterfront Partnerships Committee, appointed by the Mayor and City Council, has been working for several years to create a strategic plan and vision for the new Seattle waterfront. One of the guiding principles of that design work calls for the project to "embrace and celebrate Seattle's past, present and future, including the rich history and culture of early Native settlements, in ways that are both authentic and that bring them to life." The Tribal Council has been closely monitoring that work.

While to-date there have been preliminary discussions between Seattle officials and the Muckleshoot Tribe about project design, status and timing, we expect to soon begin a more formal engagement to consider a number of potential design opportunities. The Tribal Council recently sent a letter to the Seattle Mayor and City Council reiterating the tribe's strong interest in working with the city on design elements that reflect the rich Native culture and history of the Seattle waterfront.

Some of the design concepts that have been informally discussed include: open space suitable for Native cultural activities such as Salmon Homecoming or Powwows, a dedicated area for Native exhibits and a Native cultural facility to showcase the history of our ancestors and to elevate Indian cultural issues in the city.

The Tribal Council is committed to making sure the new Seattle waterfront has woven into it the history and culture of the Muckleshoot people and our ancestors who inhabited the central Puget Sound region for thousands of years before the non-Indian settlement that is now the city of Seattle existed. We see this as a unique opportunity celebrate our history, honor our ancestors and create a strong Native presence in Seattle.

We will keep the community informed as this project moves forward.



PHOTO BY JOHN LOFTUS

Auburn City Councilmember Nancy Backus (top left) recently met with the MIT Public Affairs Committee to seek the Tribe's support in her bid to succeed Pete Lewis as Mayor of Auburn. Planning Commission member Yolanda Cortinas Trout also discussed her candidacy for a seat on the City Council with the group.

EMERGENCY ASSISTANCE GUIDELINES HAVE BEEN REVISED, effective 5/28/13

Please see the changes to the Emergency Assistance listed below. If you have questions regarding the changes made, please ask a staff member.

EMERGENCY ASSISTANCE GUIDELINES

- Program Description:** The Emergency Assistance Program is intended to help tribal members who are experiencing an unexpected and emergency problem that affects the health, safety and well-being of tribal members and their families and who have a good reason for not having money available to pay the cost related to the emergency. This assistance is dependent on available funding.
- Benefit Level:** the maximum amount any tribal member household can receive in a calendar year is \$1,000.00. The number of emergency assistance benefits received by an individual tribal member is not limited, as long as the total amount received in a calendar year does not exceed \$1,000.00. If the emergency cost is greater than \$500.00, payment will be made to the vendor for no more than \$1,000.00.
- Covered Costs:** the costs that can be paid for under the Emergency Assistance Program – up to a combined maximum benefit of \$1000.00 per tribal member household, per calendar year – are:
 - Rent or Mortgage Payment Assistance** up to 3 months of actual rent or mortgage payment to keep payment current. Payment will not be made to immediate family members and can only be made for housing currently occupied by applicant. Payment will only be made for rental units where the lease is in the applicants or co-applicants name. "Rental units" means a living unit that has its own separate kitchen and bathroom facilities.
 - Payment will not be made for deposits or for any past debt or damages. Down payment on a rental unit may be allowed if the tribal member is homeless or if she needs to leave their home because of domestic violence. Assistance will only be provided for rental units that meet common health and safety standards and are habitable. Except for Elders or Section 8 households, qualified tribal member households may only receive one rent or mortgage payment assistance each calendar.
 - Homeowners/Rental Insurance Assistance** up to one year's worth of homeowner's/Rental insurance premiums for homes owned/rented by tribal members whose household income is less than 100% of the King County Median Income as established each year by HUD.
 - Short Term Medical** – Family support; gas vouchers based on the distance to be traveled. So that immediate family members may provide support to and be near a member of their household who has been admitted to a surgical hospital or other temporary inpatient medical or treatment facility during treatment and care. The patient must be a tribal member or an immediate family member.
 - Short Term Medical** – Doctor Appointments; A tribal household may receive assistance for transportation expenses, in the form of purchase order or gasoline card, to allow a household member to receive medical care. Assistance based on distance to be traveled. Applicant must use all other assistance programs before applying for short term medical.
 - Utilities Assistance** to hook up (including deposits) or prevent shut off of utilities related to the tribal member's health and safety, including electricity or fuel for heating, lighting or cooking, water, sewer and telephone service (basic land line)
 - Home Repair Assistance** needed for the tribal member's health and safety, including repair or replacement of major household appliances (stove, refrigerator, washer, dryer, dishwasher, water heater, furnace, air conditioner or microwave), repair of damage that causes his or her home not to be waterproof or weatherproof, and household items, such as furniture, bed, kitchen items, and bathroom items. Applicants for Home Repair Assistance will need to explain why the assistance is needed to promote the member's health and safety. If a new appliance is requested, the applicant will need to provide documentation that the existing appliance cannot be repaired.
 - Transportation Assistance** to help a tribal household member get to work, look for work or go to school including but limited to payment of required automobile liability insurance and purchase of bus passes or other common carrier fees. On a case by case basis, emergency repairs to a tribal household member's automobile (with registration as proof of ownership), by a certified mechanic (if the automobile is the only transportation available for the primary wage earner to get to work) if the applicant demonstrates that automobile repair is absolutely necessary and all other resources have been accessed.
 - Emergency Food Purchase Assistance**, due to natural disaster (as declared by the Tribal Council) lasting more than 72 hours, to replace food lost from the power outage. Up to 200.00 may be used per event for this assistance. Purchases will be processed through Purchase Orders to approved vendors.
 - In the event of a Muckleshoot tribal member's death and they are the head of household.** Emergency assistance may be used to pay final bills for the household. The bills must be dated within 45 days of death, and within the Resource Guidelines for payment.
 - Wild game (traditional foods) purchase for tribal member households.** A household can use this assistance to pay a certified butcher's locker for wild game cut and wrap.

SUBSCRIBE TO THE MONTHLY...

The Muckleshoot Monthly is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:



MUCKLESHOOT MONTHLY
39015 - 172nd Ave. SE,
Auburn, WA 98092

clip and return

SUBSCRIPTION REQUEST / ADDRESS UPDATE

New subscription Address change

Name _____

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City & State _____ Zip _____

If this is an address change, list previous address:

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I am a Muckleshoot tribal member,

I have ties to the Muckleshoot Tribal Community

Please explain:

2013 Per Capita Deadlines and Schedule

SEPTEMBER DISTRIBUTION

- June 28 Deadline for New Direct Deposits to be turned in to Tax Fund
- July 12 Deadline for Information to be turned in to Tax Fund from Tribal Programs
- August 9 Deadline to stop taking Direct Deposit Changes/Cancellations
- August 31 Enrollment Cut Off Date for Dec 2013 Per Capita
- September 3 Per Capita Distribution Cougar Room
- September 4 Per Capita Distribution Cougar Room
- September 5 Per Capita Distribution Finance Building

NOVEMBER DISTRIBUTION

- September 30 Deadline for New Direct Deposits to be turned in to Tax Fund
- October 4 Deadline for Information to be turned in to Tax Fund from Tribal Programs
- October 25 Deadline to stop taking Direct Deposit Changes/Cancellations
- November 25 Per Capita Distribution Cougar Room
- November 26 Per Capita Distribution Cougar Room
- November 27 Per Capita Distribution – Half Day Distribution Only in Finance

MARCH 2014 DISTRIBUTION

- November 30 Enrollment Cut Off Date for March 2014 Per Capita
- December 30 Deadline for New Direct Deposits to be turned in to Tax Fund

Muckleshoot Tribal Council
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Community Support Services Update May 2013

Fawn Hutchens, Community Support Services Director 253-876-3099 Mon-Fri 8a-5p

All the programs within this division have encountered staffing changes and we appreciate your patience and understanding as we go through these transitions. Your ideas, feedback and suggestions for program improvements are welcome- please send them to me.

Adult Work Training Program (Job Corps) –(253) 876-2827 - Mon-Fri 8a-5 p

Manager: Melvin Daniels, (253) 876-2822; Crew Supervisor Henry Miller.

This program's primary goal is to offer employment for one (1) year to enrolled tribal members ages 18 and older to enable them to obtain skill and requirements to be gainfully employed within or outside the Tribe.

Eligibility Requirements:

- Must be an Enrolled Muckleshoot Tribal Member
- Age 18 years or older
- Must be able to pass UA test
- Applications available at Human Resources

Youth Development Program-(253)876-2853 – Mon-Thurs. 11a-10p; Fri-Sat 11a-12a

Jaison Elkins, Manager (253) 876-2821; Staff: Adriel Foxley, Tony Benson, Shelly Reynolds, Donald Dorsey, Anna Brendible, Chris Marquard, Lloyd Belmont, and Rachel Williams.

To provide positive and healthy extracurricular & cultural activities and education that focus on leadership and promote positive self-image, sensitive topic awareness/prevention, and life skills the program enables the children and youth of the Muckleshoot community to be equipped with the tools to needed for a successful life.

- Must be an Enrolled Muckleshoot Tribal Youth or Living in Tribal Member Household
- Be between ages 7-18 years
- Applications available at Youth Development

*Must be registered with Program to participate in off-site activities and field trips.

Please watch for future notice of relocation of services for the 7-11 year old Youth

Youth Work Training Program - Jaison Elkins, Manager; Staff: Josie Benito Romero, and Angel Melendez. We also provide Muckleshoot youth with a hands-on opportunity to learn on the job skills, basic business policies & procedures, as well as valuable life skills.

- Must be an Enrolled Muckleshoot Tribal Member
- Be between ages of 14-18 years
- Be Enrolled in School
- Applications available at Youth Development and Human Resources

Recreation- (253) 876-2923 -Applications: Mon-Fri 8a-5p – Staff: Various Hours Mon-Fri & Some weekends Staff: Kelvin Barr, Pauline Lezard, Roger Brown, and Tabitha Baker

The program has hosted a youth basketball tournament and are hoping to host two more in Sept/Oct of this year. They are also working to host a couple sports clinics this summer as well as youth softball tournament.

We welcome your ideas and suggestions for new sports to introduce to the youth as well as any feedback for program improvements- please send them to Fawn Hutchens.

Current Sports Season: Recreation Baseball, May 28-July 31, 2013

Teams coached: T-ball, Cub Clinic, 3-4 Grade Boys & Girls.

Upcoming Sports Seasons. – We will post flyers for sign-up as season starts.

- Recreation Soccer – September-October
- Recreation Basketball – November-January
- Intertribal Basketball – October-February

Programs administered through Recreation –Completed Applications to be submitted to Tabitha Baker -

Youth Activities program is intended to support Muckleshoot Youth in the pursuit of activities that are positive and creative which will ultimately lead to a reduction in truancy and improved academic performance in school. These policies have recently been revised, copies available upon request. Notable changes were made to the attendance allowance and

Excellence Grant.

- Must be an Enrolled Muckleshoot youth between birth and twelfth grade
- If over the age of five (5) years, must be enrolled in public, private, Tribal (not Muckleshoot Child Development Center), or in an affiliated home school
- If over the age of five (5) years, must provide proof of passing grades in all school courses, and provide proof of meeting school attendance criteria
- "Complete" applications are to be submitted at least ten (10) working days before payment due date.
- May receive up to \$ 625.00 each calendar year
- Must be a qualifying activity or qualifying purchases
- Applications available at Philip Starr and Finance Building

Adult Athletic Sponsorship Program were recently revised and approved in April 2013. The Youth Development Committee held debate for months on these guidelines and the final version was created to provide an equal opportunity to all Enrolled Muckleshoot Adults that enjoy the health benefits that are offered through regular exercise and involvement in individual and team sports.

Copies are available upon request and we will be US Mailing them to local Tribal Members.

Eligibility for funding assistance

- Must be Enrolled Muckleshoot Member
- Must be at least 18 years of age or older
- Must submit a "Complete" Application
- Applications available at Philip Start and Finance Building

Major Changes to note:

- No Longer need 60% MIT Members for team funding
- Must reside within thirty (30) mile radius of Muckleshoot Community Hall Chimney
- Each Adult may be eligible for up to \$300 each Calendar Year as long as funding is available.
- A Signed Copy of Tribal ID's are required ONLY for Member's that are "sponsoring" from their funds.

(Example: If you have 10 Tribal Members and three (3) of them are using their funds –only those three Members need to submit a signed copy of their ID's with the application.)

Student Incentives/Clothing Vouchers- Mon- Fri. 8:00a-5:00p; 253-876-3370

Staff: Fawn Hutchens

Student Incentives program is intended encourage enrolled tribal youth to achieve the greatest success possible in their K-12 education in the form of both financial and non-financial rewards and incentives.

- Types of Awards a student may be eligible: Attendance, Honor Roll, and School Letter Achievement
- Types of Incentives a student may be eligible: Special Occasion, School Persistence, Graduation (K, 5th, 8th, 12th grades)
- Applications available from Philip Starr and Finance Building

Clothing Vouchers program is intended to improve the educational performance of all Muckleshoot students by ensuring that student has the basic clothing and shoes needed to attend school and participate in activities.

- Eligible amount provided is up to \$300.00 twice within the School year (Fall Distribution is Sept. 1–November 30 & Spring Distribution is Jan. 1-March 30)
- Must be an enrolled tribal member under the age of 18 years
- Enrolled in Birth to Three, Head start, Grades Kindergarten-12, or a GED program
- Able to meet Attendance criteria (less than 10 absences) Spring Distribution (Jan. 1– March 30)
- "Completed" applications will be processed within 10 working days of receipt of the application
- Must show picture ID to pick up clothing certificates
- Applications available from Philip Starr and Finance Building



Sharon Calvert

Sharon Calvert, 69 of Enumclaw, passed away May 17, 2013 at her Enumclaw home. She was surrounded by family. Born to Robert and Nellie Calvert on December 15, 1943 in Auburn, WA, she was one of eight children.



Sharon graduated from Enumclaw High School in 1961 and retired in 2008 from the Enumclaw School District, where she served as Indian Education Coordinator. She was a member of Enumclaw Church of Christ and Muckleshoot Indian Tribe. She was Tribal Kaia (Honored Grandmother) 2007-2008. Sharon enjoyed gardening, knitting, sewing and reading her Bible. She also loved spending time with her grandchildren.

She is survived by her companion, Bob Charlo (Kalispel Tribe) Enumclaw; sons Don (Sarah) Brassard (Muckleshoot Tribe) of Enumclaw and Darren (Gloria) Brassard (Muckleshoot Tribe) of Tacoma; and daughter Debbie Brassard (Muckleshoot Tribe) of Enumclaw.

Sharon is also survived by her brothers, Gary (Carol) Calvert (Muckleshoot Tribe) and Kenny (Nancy) Calvert (Muckleshoot Tribe), both of Auburn; sister Clorene (Arlo) Michel (Muckleshoot Tribe) of Montana, and five grandchildren.

Memorials may be made to: Marsha Rivkin Center for Ovarian Cancer Research, 801 Broadway #701, Seattle, WA 98122.

A memorial service was held Tuesday, June 4, 2013 at the Kibler Avenue Church of Christ in Enumclaw, WA. A celebration of Sharon's life will take place at **11:30AM on Tuesday, June 18, 2013** at the Muckleshoot Pentecostal Church. All are invited.

MEMORIAL DAY DINNER

The 2013 Annual Memorial Day was well attended by the Muckleshoot community. We estimate that around 900 people attended the dinner including about 40 veterans from Muckleshoot and the surrounding community. The dinner blessing was given by Kenny Williams.

The dinner is held annually to honor those from Muckleshoot that made the supreme sacrifice during war. Included in the honoring were those that sacrificed their lives so that the Muckleshoot People could live in this place. Also remembered were the veterans who served during all eras, but are now passed on.

Melvin Ross was the first to be killed in action during World War II. He was killed on May 31, 1944 in Italy. Second was Chet Courville who was killed a week later on June 6, 1944 during the 82nd Airborne Division's combat jump into Normandy on D-Day. The last to be killed in action during World War II was Turner Martin. He was killed in Germany on March 24, 1945. Turner was the grandson of Chief Phillip Starr.



PHOTO BY BROOKE BROUSSARD

In the Korean War, Phillip Starr lost another grandson. He was Larry P. James who was killed in action on September 20, 1950. Larry served with the 5th Regiment of the First Cavalry Division. Larry's brother, Russell James was also remembered at the Dinner. Russell served with the 2nd Infantry Division as spent over two years as a prisoner of war during the Korean War.

The Colors were presented by the Inter-Tribal Warrior Society. Warrior Society Vice-Chairman Sonny Bargala was the Master-of-Ceremonies. Sonny thanked the Muckleshoot Tribal Council for supporting their work to provide Military Funeral Honors to veteran families.

IN MEMORIAM

We mourn the passing of our friend, Sharon Calvert. We pray that her family recovers from the loss.

Sharon served on the first Memorial Day Dinner Committee, and her unselfish assistance helped to set up the dinner that is a huge success to this day. Thank you, Sharon, for being there to lend the helping hand. Without your help, the work would have been much more difficult. You are remembered and missed.

SHAKER HISTORY *continued from page 1*

over to Shelton. He came to Shelton just as the horses were ready to start. He went right between the horses. He had his hat off for a switch, and he won the race. He was doing it for the fun of it, so he didn't stop for the money or anything, but went right on home.

A child there took sick and died. They took the little child to the cemetery on the canoe, to Squaxin Island.

On the way coming back the children start having a canoe race. John was just sitting in the canoe that was being left behind. They told him, "John get a paddle and help us – we want to win the race." John took the paddle, and as he tried to make the stroke he got a pain. He took sick right there.

He went down just that quick. Nothing but skin and bone in just a little while. That was his punishment for canoe and horse racing. When he was dying, just before he was too far gone, he gave the word to his wife, "No matter if I am dying, don't let me go to those Indian Doctors anymore."

John's father lived close by an old lady who was an Indian Doctor. She said she found John's soul out straying, and if she could get him to her place she could cure him. Then the old fellow, John's father, believed her, and he ordered his sons Jack and Tom to get their brother and bring him over to the Indian Doctor, and they did it that way.

Mary Slocum can't hold him back. They took him away

from her, and she started crying and went out of the house. She went to the logging tools and began heaping them in piles. Big heavy blocks and tools she was able to pick up like she was strong.

When she got through, she did not come through the trail, but went through the woods. She got down close to where they were doctoring her husband, and stopped. She was crying all the while. She went down to the beach and fell down.

A fellow by the name of John Robinson was standing there and saw the woman drop. He called to the people that a woman was dying on the beach, and to get a blanket and wrap her up and take her out.

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YOUTH DEVELOPMENT

Twin Falls Hike

Youth Development took some kids to Twin Falls for a hike on Saturday May 4, 2013.



Eddy, Ike and Jr.



Tesalee, Eddy and Junior



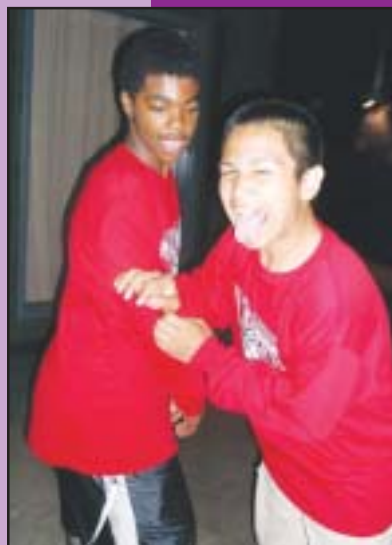
Tesalee, Eddy, Ike and Jr.



Virginia Allen & Mary Cruz

Teen Dance!

Saturday, May 18



Youth Development Center

17608 400th Street,
Auburn, Washington 98092

Jaison Elkins, Program Manager
Phone: (253) 876-2821
Front Desk (253) 876-2853

Stop in today to check out our program, servicing youth ages 7-18. We offer a variety of activities, leadership & life skills training, youth council, counseling services, and more. We also provide transportation, as well as meals to youth participants. Please call or stop by for details on how to get your youth involved

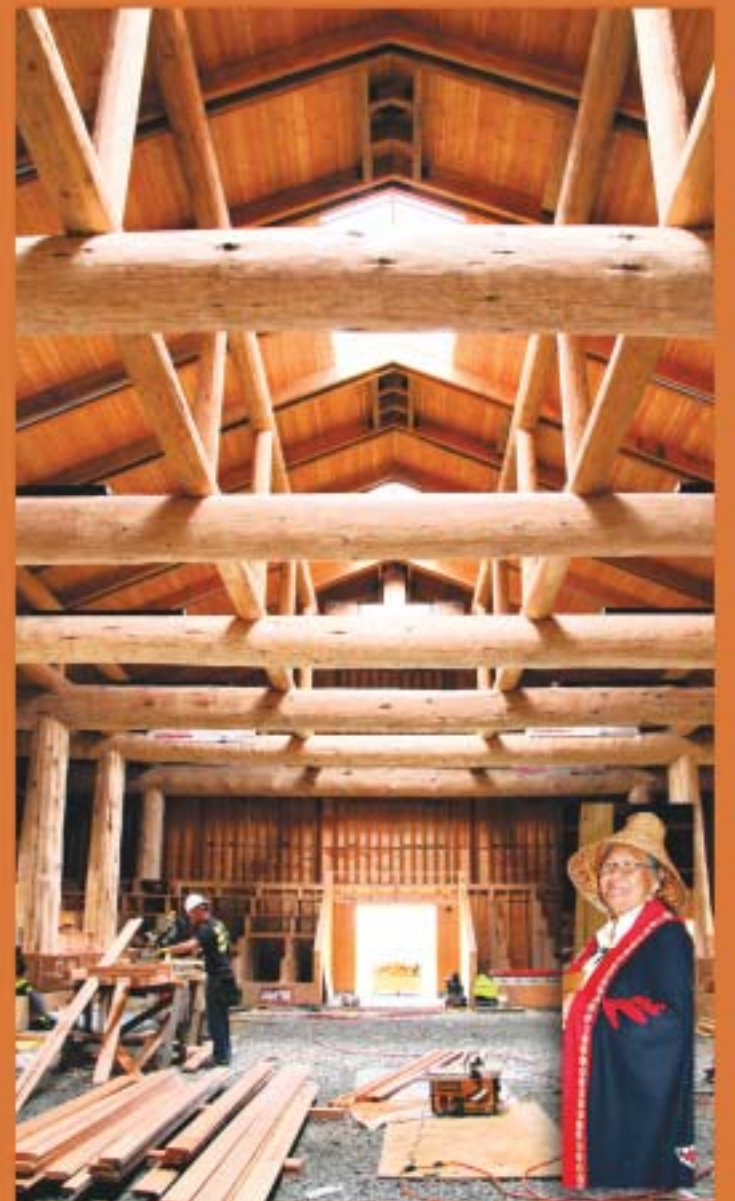
Hours of Operation:

- Sunday: Closed
- Monday: 12-8:30PM (Youth Workers Only)
- Tuesday: 11AM-10PM
- Wednesday: 11AM-10PM
- Thursday: 11AM-10PM
- Friday: 12PM-12AM
- Saturday: 12PM-12AM

Pick up is offered daily between 4-5PM
Drop off for all youth ages 7-11 is from 7-9PM
Drop off for all youth ages 12+ is from 9-10PM

New Smokehouse Nears Completion

Construction on the new Muckleshoot Smokehouse is entering its final stages. An open house was held on May 29 and many took the opportunity to tour this awesome structure, a major addition to our community.



MTS STUDENTS TAKE DUWAMISH RIVER FIELD TRIP

Ms. Hildebrand's Current Issues History Class recently took a field trip on the Duwamish River. The following reports were written by some of her students.

BROOKE WELLMAN



Brooke Wellman

I am a student at the Muckleshoot Tribal School. I am an enrolled tribal member of the Port Gamble S'Klallam Tribe and a descendant of the Muckleshoot Indian Tribe. I recently visited the Duwamish River on a field trip. I had the opportunity to learn about the river's current status and see up close how it is doing.

As a Native American in the Puget Sound area, I know how important it is to have fishing rights. When I looked at the Duwamish River, it was sad to see the condition it is in. I learned that the only harvestable food from the Duwamish River is salmon. When compared to the rights of other tribes, only being able to harvest salmon is wrong and unfair. The Duwamish River is so polluted that any other species are dangerous and unsafe to eat. Our tribe should be able to harvest clean, healthy salmon and shellfish.

I believe that the plan proposed by the EPA is not enough. There should be a plan that is going to help clean up the entire river, not just portions of it. With the proposed plans, the river will not be clean enough to have healthy salmon and shellfish. We need to do more in order to bring the river's condition up to a standard that is safe and healthy for everyone, including those who swim, fish, and eat from this river. We need to come up with a better plan that will help this river permanently. I want my tribe to be able to have full rights to this river, not just rights to what is "safe."

Thank you for your consideration. I ask for your support to create a healthier, more economically vibrant Duwamish River.

Karren Heredia -Medina

I am attending Muckleshoot Tribal School. I am part of the Samish tribe and a tribal member of the Samish Nation. On Monday, our science class took a trip to the Duwamish River. As we were taking a tour on the Duwamish River, we heard about the river being over polluted. A plan was shared on cleaning only 32% of the river and that is not right. The river needs to be completely clean. Not just putting clean sand on top of the pollutants. The proposed plan is still going to affect the health of sea-life and humans. The law states that the river needs to be drinkable, swimmable, and be able to be healthy for sea-life. I can't believe that people, even children can't swim in the river because of the health. The proposed plan needs to be modified so that everyone can use its resources. If you leave 62% of the river untouched, then the sea-life will eventually die out and before you know it salmon will be inedible and some of the businesses will lose jobs.

Kacey Heffington

I am a student at the Muckleshoot Tribal School and I was recently at the Duwamish River to learn how my communities' river was maintaining. I had the chance to tour down the river and many concerns had been brought up. The main concern that had made me appalled was the fact that the river was beyond polluted.

The concern with this river being so polluted is that human health is not safe along with wildlife that relies on river habitat. As I was on tour, I learned that people who live near the river cannot play on the water because it is unsafe for their own health. People cannot eat any resource of food other than the salmon because they are so polluted and will make you unhealthy. This causes a problem because the Muckleshoot Tribe has fishing rights to this river and it is a way to get food for the community. If all the resources are becoming contaminated there will be no more food to be flourished in our community. Our tribe should be able to fish for clean, healthy food to bring back to the families.

If all the living organisms and species that live in the Duwamish River are becoming contaminated and all the species that live off one another will get sick then species will soon die off, and there will not be any more organisms living in the river. This causes big problems for the Muckleshoot Tribe because the Duwamish River is their resource of salmon.

A well thought, proposed plan needs to be made and put into action. EPA has proposed a few plans that are just not going to fix the problem. They plan on dredging small portions of the river, putting new fresh sand on top of the polluted river to cap the pollution, and then to just monitor the river to see if it will clean itself. This plan is not efficient enough. We need a plan to clean the river up completely, where we get rid of all the pollution. The condition of the river needs to be fixed to revive the species and make the river a healthy habitat for species and humans.

Thank you for your time to read my concerns. I hope that the Duwamish River can be made to be a healthy, well driven river again.



Jenel Hunter and Kacey Heffington

MIT Fisheries Commission Reports on Duwamish River Cleanup Efforts

The Muckleshoot Indian Tribe has historically relied on the Duwamish River as an important area for exercising its Treaty Fishing Rights. Given this history, the Tribe's Fish Commission has long been a loud and consistent voice advocating the need to cleanup and restore habitat along the River. In the late 1990's, the Tribe was one of the governments instrumental in supporting the listing of the Lower Duwamish Waterway as a federal Superfund Site, which would help ensure cleanup of the River. The Lower Duwamish Waterway Superfund Site was designated on September 13, 2001, and Tribal Fisheries has been working diligently with the U.S. Environmental Protection Agency (EPA) on the cleanup of the River since that time. After nearly 12 years as a Superfund Site, the EPA has now produced a Proposed Plan to cleanup the River, and is soliciting comments on this Proposed Plan.

The Tribe's Fish Commission is reviewing and preparing comments on this important plan. Tribal Fisheries will work with EPA at a government-to-government level to ensure an appropriate long-term and effective cleanup of the River. At the same time, the Tribal Fisheries will work with EPA and others to minimize any impacts of the cleanup activities on the Tribe's fisheries in the River. While the Fish Commission is working diligently with EPA to steer this cleanup, we do not see the Superfund Program as the only tool to ensure a better future for the Duwamish River and Muckleshoot Fisheries. Given that, Tribal Fisheries will continue to exhaustively pursue all avenues to better ensure a cleaner Duwamish River with expansive fish habitat to support the Tribe's fisheries into the future. An example of this is the fish habitat that will be created at the Boeing Plant 2 site, in addition to the in-water cleanup (see attached photos).

Muckleshoot Fish Commission



Natural habitat will replace Boeing buildings



These are some of the things students saw on their field trip.

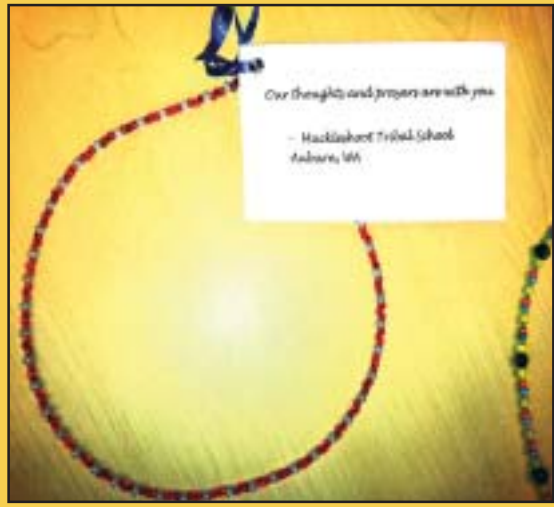


North Area Habitat Project



Beading for Boston & Texas

Monday April 22 – Friday April 26, Students and staff beaded necklaces during their lunch time to send to victims from the Boston Marathon Bombing and the Fertilizer Plant Explosion in Texas. It was great to see students and staff come together to support people across the country!



Sylvia Agaton receives \$1000 Comcast Foundation scholarship

Muckleshoot Tribal School senior Sylvia Agaton is among the 90 recipients of the Comcast Foundation's annual Leaders and Achievers Scholarship Program awards in Washington State, the Foundation has announced.

Among Agaton's's past and present achievements: volunteering for the Muckleshoot Canoe Journey and Muckleshoot Tribal School Potlatch and participating in the National Indian Education Association Bureau of Indian Education Government Study Closeup. She lettered in varsity Basketball, participated in the creative writing magazine and received several academic honors. She's also worked as both a library page and teacher's aide.

Sylvia plans to study mathematics at the University of Puget Sound in Tacoma.



Sylvia Agaton

MTS CELEBRATES EARTH DAY 2013

Earth Day was a success for our MTS elementary students! The students participated in recycling contests, art projects and essays. Students used recycled materials to create lots of fun objects and beautiful art. Students also enjoyed an afternoon of fun while playing in the garden. The students were planting seeds, pulling weeds and blowing bubbles while breathing in the fresh air and stretching their legs. Don't forget to do your part to keep the earth clean and beautiful for generations to come.



MTS Class of 2013 Valedictorian Sylvia Agaton with her proud Mom, Aggie Moses. Watch for many more graduation pictures in the July edition!

Muckleshoot Tribal School Senior Prom 2013

On Saturday May 18, 2013, Muckleshoot Tribal School students danced the night away at their Senior Prom. This year the Senior Prom was held at Emerald Downs. We had our largest guest count to date, with thirty students. The menu included caesar salad, sausage lasagna, chicken provolone, veggies, fruit, an fresh rolls. Students enjoyed sparkling cider and Shirley temples. Everyone was dressed to impress and had a fabulous evening! — Gina Coheley



HOMEWORK HELP ONLINE

- <http://www.timeforkids.com/homework-helper>
- <http://kids.yahoo.com/learn>
- <http://www.scholastic.com/kids/homework/>
- <http://kids.usa.gov/>
- <http://www.infoplease.com/homework/>
- http://kidshealth.org/kid/feeling/school/homework_help.html



Each MIT Department is responsible for keeping the community informed about its activities and offerings by submitting items to the newspaper. If you like what you see, thank them.



MUCKLESHOOT TRIBAL SCHOOL

Students of the Year

Nacho Garcia- Nacho is a strong leader inside and outside of the classroom. He is always on task, eager to learn and is always helping others. He is always a good friend and a positive role model.



Nacho Garcia

Cameron Williams - The Superstar Student in Ms. Struck's class is amazing. This student comes to school with a smile every day and is a wonderful friend to everyone. Learning is what this student does best and they always try their hardest in every subject! This student thinks about other people and says please and thank you often. If this student has a question, he asks for help and will keep trying until it is mastered. In addition, he is always willing to help out other students if they need it. Everyone thinks of this person as their buddy because of how nice he is. Being around him makes others feel good. He has a great sense of humor and likes to joke around with others. This student is... Cameron Williams!



Cameron Williams

works hard in and out of class. Kristina is always polite and puts in her best effort. Thoughtful, responsible, and caring are three words that come to mind when I think about Kristina. She is a great helper and good friend to her classmates. It has been a pleasure to have Kristina in our class.



Kristina Williams



Anthony Magee

Anthony Magee has good attendance, and only misses school only when he is truly sick! He is a humble friend to all his classmates, and is respectful to everyone. He is honest, patient and kind. Anthony is persistent when he works, never giving up or quitting because the work might be a little difficult. He is truthful when he speaks, and everyone likes to be around Anthony! Teachers like him because he has a good listening ear and respectful speaking voice. Anthony always tries his best, and is a good writer and artist. He has a true heart and likes to do things in a Good Way.

AJ Smiskin gives 100% effort on all of his work. He follows the rules and is respectful to those around him. He is excited to learn new skills and has retained them throughout the year. AJ participates in class during lessons and shows understanding during independent work. He gets along with his peers and is willing to assist them when help is needed. He works with younger students, each week, to support their learning, be a role model for appropriate behavior, and model the best ways to learn in the classroom. These attributes make AJ our student of the year!



AJ Smiskin



Kalani Thompson

Kalani Thompson. Kalani is always dependable, with a sunny smile and a great sense of humor! She works hard at her studies in school and is dedicated to getting the most out of each experience. She is also part of the Performing Arts group and Powwow Dance class, even with these after school activities she is responsible with her homework and makes time to finish it. Kalani is a caring and insightful friend to other students. She is an attentive and respectful student to her teachers. Did I mention, she has a great sense of humor and is very funny too!

Darius Nichols is our student of the year. Darius has shown great leadership in attendance, homework and behavior. He continues to be a great example for all of his peers.



Darius Nichols

Kaundaleah Garcia deserves to be the Student of the Year because she is a great friend to everyone, always participates in class, always goes above and beyond what is requested of her on assignments and is dependable. Kaundaleah is a joy to have in class!!

Kristina Williams is a wonderful young lady who



Kaundaleah Garcia

Lydia Sagatu. Lydia is an exceptional student, who is ready to learn every minute of the day. She is a natural leader among her peers and consistently encourages everyone to do their best. Her words are always kind. Thanks for being such a great friend and learner, Lydia!



Lydia Sagatu

Natalie Lessard has been a fantastic role model and friend to her peers all year long. She leads by example exhibiting what it means to be a friend and a student. She works hard every day in class, loves to learn, and always does her best. Her class mates notice her positive energy, kindness and work ethic too.



Natalie Lessard

Samantha Bland always does her personal best. She is respectful and thoughtful. She loves to learn. She participates in class discussions, culture and language, performing arts, after school sports and many other activities. She has been a role model all year long.



Samantha Bland



Benjamin Anderson

Benjamin Anderson- Ben is the most helpful and kind kid in Kindergarten. He is a wonderful friend to everyone in our class. He invites others to play with him, helps others clean up, and gives great compliments. Ben is also an awesome student. He loves to learn new things and always works hard.

Kings Baseball



Lady Kings Fastpitch

The Lady Kings' Fastpitch program continued to grow in 2013, with a mix of youthful exuberance from their underclassmen and veteran leadership from their upperclassmen. Several young position players quickly and arduously learned the positions around the diamond, with assistance from the class of 2013: Becky "O.C." Ocampo, Kacey "Johnny Bency" Heffington, Brooke "Wellsy" Wellman, Carlee "Carls Jr." Eyle and Keilani "K-Mo" Moses.

The dedication and teamwork by the Lady Kings was evident as they improved in all facets of the game: hitting, fielding, pitching and base-running. Also, the improvement did not go unnoticed, as opposing team coaching staffs and umpires commonly noted how much improvement the Lady Kings had made throughout the season. Goals for the 2014 season are already forming, with several ladies exploring off-season playing and training options, including focusing on their pitching development.



PHOTO BY SEAN DANIELS



Middle School Track Wrap-Up

By Coach Teneisha Tilque

The Middle School Track team had its first meet of the season on April 23rd at Chief Leschi. I am so proud of how our team of seven 6th graders competed with heart, determination, confidence and integrity. Congrats to MTS's first middle school boys relay team for finishing in 3rd place, Erick Elkins for a 1st place finish in the hurdles, Terron Galacia finishing 5th in the high jump, Ryan Thompson for a 5th place finish in the 800m, LauraLee Redthunder finished 8th in the long jump and Shai Yallup got 6th in the shot put and 7th in the discus. These athletes represented MTS with over 20 participants in most events. Please help me in congratulating the following students on an outstanding performance!

Terron Galacia

- 100M-15.15 (15th)
- High Jump- 4ft (5th)
- Long Jump-9'10 (21st)

Erick Elkins

- Hurdles-15.92 (1st place!)
- 100M-15.19 (18th)
- 400M-82.24(16th)
- 1600M-6:55 (13th)

Ryan Thompson

- 400M-79.89 (15th)
- 800M-3:05 (5th)
- 1600M-6:40 (11th)

Fabian Mondejar

- 400M-1:40 (21st)
- 800M-3:57 (12th)
- Discus - 38'6(13th)
- Shot Put -14 (18th)

LauraLee Redthunder

- 100M-17.51 (22nd)
- Long Jump-10'2 (8th)

Katelyn Panganiban

- 100M-18.09 (24th)
- 400M-1:34 (15th)

Shai Yallup

- Shot Put-17' (6th)
- Discus-38'11 (7th)
- Long Jump-6'0 (14th)



The Muckleshoot Middle School Track team had its second league meet of the season Tuesday, April 30th with many top 10 finishers. Leondra Keeline finished 1st place in the shot put and discus! River Allen got 1st in the discus and 6th in the high jump! Erick Elkins earned a 2nd place finish in the hurdles, 7th in the 100m, and 8th in the mile. Terron Galacia finished 8th in the 100m and in the high jump. Shai Yallup got an impressive 6th in the shot put. Ryan Thompson battled his way to get 9th in the mile. Lauralee Redthunder got 9th in the long jump and Katelyn Panganiban took 3rd in her heat in the 400m. Great job to everyone who participated!

League Championship Meet. The Muckleshoot middle school track team participated in the League's Championship Meet on Friday, May 17th at Chief Leschi. Muckleshoot was well represented in most events with strong competitors.

Muckleshoot's middle school track team is in in the Middle Chinook League along with Annie Wright, Lighthouse Christian, Crosspoint Academy, and Chief Leschi. The five track meets were held on April 23rd and 30th, May 1 and 14th with the championship on May 17th. Only the top performers from the previous meets were able to compete in the championships. This makes the championship meet extremely competitive with each athlete trying their best to come out on top to earn a ribbon.

The middle school team is made up of 14 sixth, seventh and eighth graders. Erick Elkins, Fabian Mondejar, Ryan Thompson, Shai Yallup, Terron Galacia, Katelyn Panganiban, LauraLee Redthunder and Dominic Johnson are among the determined 6th graders. River Allen and Sahara Hansen are our competitive 7th graders. The veteran eighth graders include Damon Fulgencio, Leondra Keeline, and Alexis Lozier. Included are the results from the League Championship Meet held last Friday and some pictures are attached. Good job on everyone who participated!

BOYS

100M

- Erick Elkins- 7th
- Damon Fulgencio-9th
- Terron Galacia-12th

200

- Erick Elkins-7th

Hurdles

- Erick Elkins-7th
- Damon Fulgencio-10th
- Eric Jametski-11th

Shot Put

- Dominic Jansen-16th

Discus

- Dominic Jansesn-11th

High Jump

- Erick Jametski-8th
- Terron Galacia-12th

Long Jump

- Damon Fulgencio-7th
- Terron Galacia-12th

Boys 4x 1 Relay-4th

- Damon Fulgencio, Eric Jametski, Terron Galacia and Erick Elkins.

GIRLS

100M

- Alexis Lozier-15th
- LauraLee Redthunder-18th
- Katelyn Panganiban-23rd
- Shai Yallup-32nd

400

- Katelyn Panganiban-15th

Hurdles

- Alexis Lozier-5th

Shot Put

- Leondra Keeline-1st
- Alexis Lozier-3rd
- Sahara Hansen-9th
- Shai Yallup-13th

Discus

- Leondra Keeline-3rd
- Sahara Hansen-6th
- Shai Yallup-11th

Long Jump

- LauraLee Redthunder-12th
- Katelyn Panganiban-13th

Girls 4x1 Relay-5th

- LauraLee Redthunder, Katelyn Panganiban, Sahara Hansen, and Alexis L





HONORING MUCKLESHOOT HIGH SCHOOL GRADUATES DINNER

Muckleshoot Indian Tribe's Student Incentive Program would like to invite you and your family...

When: Friday June 21st, 2013

Where: Muckleshoot Casino Coho/Chinook Room




(All minors must enter through back door - Banquet entrance)


Time: 6pm to 8:30pm

Who: MIT Enrolled High School Graduates

For more information please contact
Fawn Hutchens at (253)876-3099



G E D Exam Schedule for Muckleshoot Tribal College



You need to finish all 5 Tests before 2014 or Start all Over

Remember: Dates are Subject to Change Please Call College to Confirm Dates

June 26, July 10, 24, 31st.

Arrive 10 minutes early! You may choose only one test per time frame

- 9:00 Reading, or Social Studies, or Science
- 10:30 Reading, or Social Studies, or Science
- 12:30 Math OR Language Essay
- 2:45 Reading, or Social Studies, or Science

If you are planning on taking 4 tests in one day then do your **Essay at 12:30** & do your Math the next testing session

A passing score is a 410; however you need an average of 450 to earn the 2250 points needed for your GED

- ✓ Prior to taking your first test you must Pre-Register, please ask our GED staff to give you our GED Orientation & Pre-Register before testing day; do not wait until testing day. **You must have all of your paperwork completed before entering the testing room.** See what you need to bring below.
- ✓ On testing day you must bring/provide
 - 1) picture ID
 - 2) proof of passing a pre-test @ 450+
 - 3) proof of payment \$30 ea.
 - 4) Under the age of 19 must provide "waiver" form
 - 5) *first time* testers must have a completed and signed "General Education Development testing" form AND the "State of WA Verification of Eligibility to take GED test" form, completely filled out before testing day.
- ✓ Please be waiting outside the GED examination door Rm. #207 at least 10 minutes before testing latecomers will not be allowed in the testing room, you will have to come back another time.
- ✓ Test Scores are available the following Monday at 1:00 pm, not before. Pick them up in person.

If you have any other questions or concerns please call Receptionist @ 253-876-3183 or Mitzi Judge @ 253-876-3395

For GED tutoring & pre-testing here at MTC contact GED Instructor(s) Alicia at 253-876-3375 or Laurie at 253-876-3256

For Muckleshoot Tribal Member Scholarship call Marie Marquez 253-876-3382

You may look on line for more information at: www.muckleshoottribalcollege.com


We are located at 39811 Auburn Enumclaw Road SE, Auburn WA 98092

You may also take your GED test at Green River Community College: Monday, 9AM - 7PM, phone 253-833-9111 x 2652, 12401 SE 320th Auburn, WA 98002, www.greenriver.edu

Please Join Us at the

COMMUNITY WRITING CENTER


OUR WRITING SPECIALISTS ARE AVAILABLE TO SUPPORT YOUR INTEREST IN WRITING FOR SCHOOL, PERSONAL CREATIVITY, AND/OR BUSINESS



ALICIA WOODS
Alicia.Woods@muckleshoot.edu

PHOENIX RAINE
Prenepastech@tc

Email to schedule an appointment or visit the website for more information:
www.muckleshoottribalcollege.org




MCDC's Sky House hosts Mother's Day Tea

TRIBAL GRADUATION DATES

The following list includes other local graduation events that may be of interest to the Muckleshoot Community. MIT-sponsored events are those with a "mark."


THURSDAY, JUNE 20

- MIT Higher Education Dinner, 6:00-9:00 PM, Casino Conference Rooms - Old HR Wing

SUNDAY, JUNE 23

- Antioch University, 1:00 PM, Westin Hotel, Downtown Seattle

It's a great time to come get your GED Before the test changes in 2014



Muckleshoot Tribal College, 9-5
GED Instructors: Laurie 253 876-3256, Alicia 253 876-3375

Promoting indigenous self-determination and knowledge

Rooted in Cultural Knowledge
Bachelor and Associate Degrees
7 Pacific Northwest Campuses



NORTHWEST INDIAN COLLEGE
www.NWIC.edu
10011 Auburn Enumclaw Road SE, Auburn, WA 98002

Cooking Classes at Muckleshoot Health & Wellness Center!

Class Date:
4th Thursday of Every Month
 (2:00 PM to 3:00 PM)
Join us in the River Conference Room

In Collaboration with Kate Mediema, Dietitian and WIC staff. Sign up today at the WIC office or with Kate (253-939-6648, x3422). Family members welcome! Come try some food!


Join the fun with delicious new recipes!



Attend classes and get free recipes!


Control your portions, control your diabetes

Thumb Tip = 1 teaspoon
 Serving size = 1 teaspoon
 Recommended to measure: butter, mayonnaise, oil




Thumb = 1 ounce
 Serving size = 1 ounce
 Recommended to measure: 1 ounce of cheese, salad dressing, peanut butter, sour cream

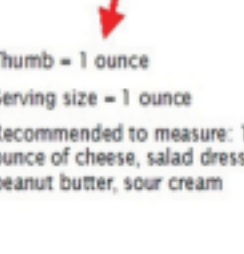
Your fist = 1 cup
 Serving size = 1 cup
 Recommended to measure: beverages, cereals, casseroles, soup, salads, fresh fruit




One handful = 2 ounces or 1/2 cup
 Serving size = 2 ounces or 1/2 cup
 Recommended to measure: 2 ounces of snack food or dry cereal, pasta, rice, beans, cooked veggies, ice cream



Thumb = 1 ounce
 Serving size = 1 ounce
 Recommended to measure: 1 ounce of cheese, salad dressing, peanut butter, sour cream



Your palm = 3 ounces
 Serving size = 3 ounces
 Recommended to measure: beef, pork, chicken, fish





“Your Suggestions Count”

The Muckleshoot Health & Wellness Center offers “suggestion boxes” where guests can fill out forms to share thoughts, comments or suggestions. The purpose of these forms is to help us improve the quality of services offered to the community. These forms are not “incident reports”, but rather confidential and private opportunities to share your thoughts on what we are doing well or on ways we might improve.

The suggestion boxes are located in each reception area and the main lobby of the building. The feedback forms are located next to the boxes. The boxes are checked at least twice a month by the Facilities Secretary and then delivered directly and confidentially to the appropriate department manager. Suggestions are then discussed privately at Quality Improvement committee meetings.

If possible, please provide contact information on the suggestion form so the appropriate manager can contact you to address your particular suggestion or area of concern. Again, this would be a confidential and private conversation.

We want to hear from you. Please take a moment to stop by the Health & Wellness Center and fill out a suggestion form today. Your thoughts matter!

Muckleshoot Optical

NOW OFFERING SUNGLASSES

Stop in to the Optical Department today to see the collection we have to offer! Sunglasses are not a covered option by Contract Health Services.

Featuring: Gucci, Juicy Couture, Nike, Bebe, Caviar & Koali

(253)939-6648




Each MIT Department is responsible for keeping the community informed about its activities and offerings by submitting items to the newspaper. If you like what you see, thank them.

Is Heroin Running Your Life? There is help.


Call
253-804-8752

NEED A “MEETING” TO HELP YOU !! ?

Alcoholics Anonymous – AA & Narcotics Anonymous NA Meetings on the Rez

Tuesday 12:00-1:00pm A.A.
 M.I.T. Recovery House
 39225 180th Ave S.E.
 Auburn, WA

Help in Quitting Smoking!



The Muckleshoot Health & Wellness Center uses and endorses the **Washington State Quitline** to assist in stopping smoking.

Call **1-800-QUITNOW** for free and effective help in quitting smoking.


Notice to All CHS Eligible Patients

If you received a PO from the CHS office and now you are receiving a medical bill or statement, please bring them to the CHS office for review. This will ensure timely payment to your provider. As always, you must obtain a PO # prior to your medical appointment and call us if you cancel or reschedule your appointment.

CHS Office Hours:
Monday – Friday, 8am – 5pm
Closed for Lunch 12pm – 1pm
Phone: 253-939-6648

What is heroin?

Heroin is an illegal, highly addictive drug. It is both the most abused and the most rapidly acting of the opiates. Heroin is a naturally occurring substance extracted from the seed pod of certain varieties of poppy plants. It is typically sold as a white or brownish powder or as the black sticky substance known on the streets as “black tar heroin.” Although purer heroin is becoming more common, most street heroin is “cut” with other drugs or with substances such as sugar, starch, powdered milk, or quinine. Street heroin also can be cut with strychnine or other poisons. Because heroin abusers do not know the actual strength of the drug or its true contents, they are at risk of overdose or death. Heroin also poses special problems because of the transmission of HIV and other diseases that can occur from sharing needles or other injection equipment.

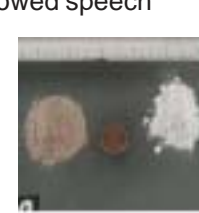



How to tell if someone is using

- Nodding out when talking to someone
- Throwing up
- Nausea
- Itching and scratching
- Weight loss
- Runny Nose
- Droopy look to a person
- Slowed speech

Evidence of Heroin Use

- Burnt gum wrappers, foil
- Burnt or missing spoons
- Pipes, rolling papers, etc
- Mood swings
- Irritability
- Diminished self-esteem
- Depression
- Change in interests

How do you find help?

Muckleshoot Behavioral Health Department
 Phone (253) 804-8752
Walk-in assessment times:
Tuesday 10am, 1pm, and 3pm
Wednesday 10am, and 1pm

Health & Wellness Center Program Hours

	Pharmacy	Wellness Center	*Shuttle Service
Monday	8-5 pm	10 am-8 pm	9-9 pm
Tuesday	8-5 pm	10)am- 8 pm	9-9 pm
Wednesday	9-5 pm	10 am-8 pm	9-9 pm
Thursday	8-5 pm	10 am-8 pm	9-9 pm
Friday	8-5 pm	10 am-8 pm	9-9 pm
Saturday		10 am-2 pm	10-2 pm
Sunday	All Programs Closed		

*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
Family & Youth BH Services	(253) 333-3605	12:00-1:00
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 939-6648	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	11:00-12:00
Wellness Center	(253) 333-3616	Open
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

Health & Wellness Center Program Closures for June-Sept 2013

Day	Date	Times Closed	Reason for Closure
Thursday	07/04/13	All Day	4 th of July
Thursday	08/04/13	8-9 am	Monthly All Staff Meeting
Friday	08/30/13	All Day	Employee Appreciation Day
Monday	09/02/13	All Day	Labor Day

Behavior health Program announcement:

The Behavioral Health reception window is now open throughout the lunch hour (12:00 to 1:00 pm) so that we will be better able to serve our clients and the community. Please feel free to stop by to schedule appointments and to drop off/pick up paperwork. If you have any questions, please call us at: (253) 804-8752



The Optical Department at the HWC!



The eyeglass benefits are the same as they've always been. One comprehensive eye exam once every 12 months. New lenses once every 12 months. Adults eyeglass frames once every 2 years/children 2 per year.

If you are not eligible for the frame allowance, you will be allowed to purchase the frames at a very reasonable price. (Believe me there is a significant mark up when you buy frames in town/private practice!). No eyeglass benefits will be approved outside of the MHWC optical department. We are also offering contact lenses and necessary supplies for contacts.

The Optical Department is a Tribally-owned business. Patients must meet CHSeligibility requirements to get optical services. CHS eligible patients will need to obtain a PO from the CHS office before getting optical services.

For more information, please contact the CHS Office – (253) 939-6648. Optical Department open regular HWC business hours.



Dental Clinic Location & Hours (253) 939-2131

We are located on the 2nd floor of the Health & Wellness Center.

Appointment Times	Emergency Walk In Times
Monday	8:00am-5:00pm 8:00-8:30 am.
Tuesday	8:00am-5:00pm 8:00-8:30 am
Wednesday	9:00am-5:00pm 1:00-1:30 pm
Thursday	8:00am-5:00pm 8:00-8:30 am
Friday	8:00am-5:00pm 8:00-8:30 am
Closed Daily	12:00-1:00pm

What are the signs of depression?

- Physical**
- Sleep disturbances-insomnia, oversleeping, waking much earlier than usual
 - Changes in appetite or eating: much more or much less
 - Decreased energy, fatigue
 - Headaches, stomach aches, digestive problems, or other physical symptoms that are not explained by other physical conditions or do not respond to treatment
- Behavioral/Attitude**
- Loss of interest or pleasure in activities that were once enjoyed, such as going out with friends, hobbies, sports, etc.
 - Difficulty concentrating, remembering, or making decisions
 - Neglecting responsibilities or personal appearance
- Emotional**
- Persistent sad or "empty" mood, lasting two or more weeks
 - Crying "for no reason"
 - Feeling hopeless, helpless, guilty, or worthless
 - Feeling irritable, agitated, or anxious
 - Thoughts of death or suicide



What can you do to help a depressed friend?

- ACT: Acknowledge, Care, Tell**
- Acknowledge that you are seeing signs of depression in a friend and that it is serious
 - Care: Let your friend know that you care about him or her and that you are concerned
 - Tell someone you trust and call for help

Who can you call to get professional help?

- If someone you care about is in an emotional crisis or acknowledges suicidal thoughts
- Call 911
 - Call the Crisis Line at (206) 461-3222 or toll-free 1-800-427-4747
 - Contact the Muckleshoot Behavioral Health Program at (253) 804-8752
 - Call the National Suicide Prevention Lifeline to get help at 1-800-273-8255



Pablo Barrera Jr.

Angel Elkins & baby Pablo Barrera Jr., born May 2, 2013
Proud parents Venecia Elkins & Pablo Barrera Sr.
Proud grandma Naomi Elkin s
Proud grandpa Will Foulkes
Proud grandparents Juan & Glenda Barrera
Proud great grandma Georgiana Starr

KNOW THE SIGNS OF DIABETES

Signs that you might have diabetes include:

- Frequent urination (peeing)
- Excessive thirst
- Excessive hunger
- Weakness and fatigue or feeling tired all the time
- Frequent skin, gum, or bladder infections that don't go away easily
- Blurred vision
- Tingling and numbness in your hands and feet
- Dramatic weight loss



What to do if you experience signs of diabetes:

Make an appointment with your provider at the Muckleshoot Health Clinic to find out if you have diabetes. Call today at 253-939-6648.

TREATMENT WORKS!!!

- The benefits of getting treated if you have diabetes:
- You will feel better
 - Your risk for having a heart attack, stroke, or other medical problems will go down



Having a problem with pain pills?
Does your life revolve around pills?
If pills control you instead of you controlling the pills.....

Suboxone (Sub-ox-own) referrals and treatment now available @ HWC!

Help for prescription pain medication dependence is now being offered through the Health and Wellness Center. Suboxone is also used in the treatment of other opiate-based or synthetic opiate drug dependence. These drugs include: Oxycodone/Oxycontin, Hydrocodone, Vicodin, Heroin, and Morphine.

SUBOXONE is the first opioid medication approved under Drug Addiction Treatment Act (DATA) 2000 for the treatment of opioid dependence in an office-based setting. The primary active ingredient in SUBOXONE is buprenorphine.

SUBOXONE at the appropriate dose can:

- Reduce illicit opioid use
- Help patients stay in treatment
- Suppress symptoms of withdrawal
- Decrease cravings for opioids

The Health and Wellness Center has a medical provider licensed to prescribe suboxone.

For more information please contact Behavioral Health at (253) 804-8752

FIBROMYALGIA



SYMPTOMS:

- MUSCLE PAIN
- TENDER JOINTS
- FLU-LIKE SYMPTOMS
- HEADACHES
- DEPRESSION AND ANXIETY
- STOMACH PAIN
- DIARRHEA OR CONSTIPATION
- BLADDER PAIN OR NEED TO URINATE IN A HURRY OR OFTEN
- PROBLEMS WITH THE JAW

There's Hope...

Treatment for fibromyalgia is individualized for each person. In general, treatment may include:

- Medicines to relieve pain, improve sleep, or improve mood
- Physical therapy to learn exercises and stretches
- Relaxation therapy
- Working with a counselor



If you have any questions, call your HWC provider at (253) 804-8752

Note: Your provider may suggest that you take a medicine normally used to treat depression or seizures. If so, be open to trying it. Even if you are not depressed and do not have seizures, these medicines may help. That is because they work on the brain areas that deal with pain.

CONTRACT HEALTH SERVICE (CHS) NOTIFICATION REQUIREMENTS

CHS OFFICE (253) 939-6648

- Notify CHS office before any non-emergent services are rendered to determine patient eligibility, medical priority and to set aside funds for payment. Pre-authorization is mandatory and failure to comply is reason for denial of payment for claim(s).
- In true medical emergencies, notify the CHS office within seventy two (72) hours of start of services. Failure to comply is reason for denial of payment of claim(s).
- Prior notification does not guarantee CHS pay for services, unless all other CHS requirements are met. There are some services CHS can not cover.

ALTERNATE RESOURCE REQUIREMENTS:

Muckleshoot CHS is a residual resource and not an entitlement program. In addition to CHS, other resources for health care are available from various state, and federal programs, as well as individual and group health insurance policies. By federal law, CHS must ensure that all resources, where and when applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible upon making an application for an alternate resource such as: Medicare (over age 65 or disabled at any age), Medicaid (medical coupons), crippled children or have private insurance etc. Failure to comply with a CHS office referral to an alternate resource will terminate your CHS coverage. You are required to use these benefits as your first source of payment of your medical-related costs.

The CHS office is required, as per IHS Federal Rules and Regulations, which requires all CHS denials to patients be sent by certified mail to the address on file.

Muckleshoot Pentecostal Church

May Events

Photos by Beautiful Seed

YOUTH ARE WELCOME TO ATTEND THE UPCOMING ON EAGLE'S WINGS LEADERSHIP YOUTH SUMMIT



Conference attendees have the opportunity to:

- be part of large group sessions called Warrior Circles
- attend workshops on specific issues related to Native people called Battle Councils
- build relationships with other young people
- have fun through daily playing basketball, skateboarding, volleyball, water games, and floor hockey as well as late night activities
- trained counselors are available for those dealing with various life issues
- hear from respected Native Christian elders and learn from their stories of hope and faith in Jesus Christ.....
- Call for details or to sign up: (253) 876-3039
Contact persons: Charlotte or Marcia

Women's Brunch



Men's Monthly Breakfast

Men's Breakfast **July 13, 2012 @ 10:30am**
 Only for hungry men
 •Eggs & Sausage
 •Biscuits & Gravy
 •Toast and Coffee



Real Men's Ministry
 Meeting every 2nd Saturday morning at the church



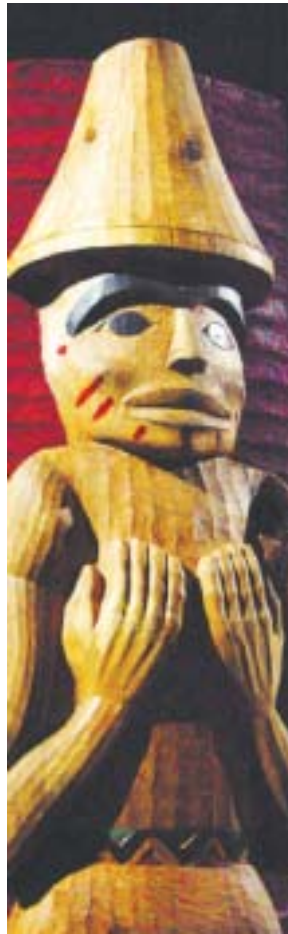
Mother's Day Brunch



Camp Meeting to be held July 11-14

Where: Muckleshoot Pentecostal Church
 When: Camp meetings @ 7:00 pm

- July 11, 2013 – Spanish service
- July 12 2013 – Samoan service
- July 13, 2013 – Kenyan service – Afternoon BBQ share meal and games (water, volleyball, basketball)
- July 14, 2013 11:00 am – Korean service



SHAKER HISTORY *continued from page 3*

When the people came out to take her up, just as they got there she popped up, trembling all over. They wrapped her up anyway and took her to the house. They got her home and she started shaking. She ordered them to get her husband at once.

They brought John over and laid him on the floor. Mary ordered Maggie Slocum, John's daughter to kneel down at his head; and her mother and Jennie Thompson, her sister-in-law, to kneel on his left side, Mary and her brother Isaac Thompson, kneeled down on the right side. She told them that what she had received was a power that was a medicine to heal all the sick if they would believe all in all to Jesus, and not to wrong anymore, give up everything of bad habits.

They got up and she took a little bell that John Slocum used on Sundays and gave it to her brother Isaac. He wasn't believing, and only took it lightly in his fingers. Mary told him to hold it right and showed him how. When he did, that bell flew up and they all four began to shake right there.

The people began to gather then, and they moved John Slocum a little way from where he was. He began to bleed from his nose shooting like a faucet clear across the room. Mary ordered all the high priced woollens, clothes and blankets they were doctoring him in, to be thrown away before that would stop. Jack Slocum went up and tore all the clothes off him, took the blankets away, and gave him all new things. After he got them changed, the blood stopped.

John didn't know anything. Isaac Thompson, Mary's brother, told the people in a certain time of the hour John would look around. They didn't believe and sat around watching the clock. At that certain time, John looked around. He told them in so many days John will be up on his feet. When that time came John Slocum got up. Isaac said in a little while John would swell up fast like the bite of a horse fly. It was like that, and his flesh came back fast, he became as he was at first.

Isaac was the Preacher. By his talk, four started shaking, every day for the sick. They just knelt and prayed until Isaac got an answer. John gave many prophecies. He told of airplanes and autos, and when the world would be coming to an end. He said some day there would be worms in the fruit all over the country.

free or low-cost health insurance for kids & teens

A family of four that makes \$5,700/month likely qualifies.

- Great benefits
- Easy to apply
- Have Indian Health Services? You could still qualify.

Apply at our booth!
 Muckleshoot Veteran's Powwow
 June 14-16

GO! myapplehealth.org
 1-855-900-3066

Muckleshoot Child Care Development Fund (CCDF)

PUBLIC HEARING

When: **Thursday, June 20, 2013**

Time:
Lunch 12:00-2:00pm Appetizers
Dinner 5:00-7:00pm

Place:
Muckleshoot Early Childhood Education Center
15599 SE 376th Street, Auburn, WA 98092

Who Should Attend:
 Muckleshoot Community and Tribal Members

Agenda:
 • Upcoming CCDF Plan to provide childcare assistance to low income Native American children/ families
 • Your input: suggestions, concerns or questions regarding the CCDF Plan

For More Information or to obtain information regarding the CCDF Plan contact the CCDF Office:
 (253) 876-3056 Ext. 3913

Keta Creek Trout Derbies

The fishing derbies at Keta Creek hatchery are family oriented events for Tribal Members and their families. We serve breakfast, lunch, snacks and plenty of fun and games for all. Bait, tackle, ice, and fish bags are provided. Fish cleaning facilities are available.

- June 15 — Kids 12 and Under
- August 10 — Family Derby
- Sept. 28 — Fall Classic

Fishing prizes, Door Prizes, Contest prizes, Pee Wee's Pond, Etc.

Hours for all events 8:30 — 2pm

Call Gail Larsen with questions at (253) 876-3178



Muckleshoot's Eagle Spirit canoe glides in for a practice landing at Alki Beach on Sunday, June 9, 2013.

PHOTO BY JOHN LOFTUS

NEWS FROM THE MUCKLESHOOT ELDERS CENTER

Happy Birthday to...

- | | |
|-------------------------|---------------------------|
| Shirley Taylor - 6/3 | Frederick Lane Jr. - 6/16 |
| Sharon LaClair - 6/3 | Wassie Eyle - 6/18 |
| Irene Barr - 6/3 | Darlene Bailey - 6/19 |
| Janice Nelson - 6/3 | Lola Elkins - 6/19 |
| Ralph Pacheco - 6/7 | Antonia Adame - 6/20 |
| Linda Starr - 6/7 | Pam Jackson - 6/22 |
| Alexander Baker - 6/8 | Lorraine Moses - 6/22 |
| Linda Ramos - 6/8 | Leslie Nelson Sr. - 6/24 |
| Stanley Moses - 6/9 | Sallie Courville - 6/25 |
| Mary Ann Charles - 6/10 | Wanita Courville - 6/26 |
| Amil Starr - 6/10 | Kathryn Daniels - 6/29 |
| Connie Courville - 6/10 | Earl Moses Sr. - 6/29 |
| Cynthia Mendoza - 6/11 | Amy Purdy - 6/30 |
| Virginia Cross - 6/14 | |
| Walter Pacheco - 6/14 | |



*Wishing you all
Happy Birthday.*

- * Grant Adair
- * Berlinda Adair
- * Neva Hamilton
- * Mark James
- * Randy Ross
- * Margie and Joe Williams
- * Sharon Curley
- * Pauline Baker
- * Elaine Baker
- * Lynn Davis
- * Erika Ramirez
- * Anthony Swanson
- * Darina Louie
- * Roselene Williams
- * Hiya Ramirez
- * Ray Williams & fish cooks
- * Family services camp
- * Emergency preparedness dept.
- * AWTP Department

Elders Luncheon Silent Auction Baskets

We also like to thank the department that took part in our silent auction basket contest.

- * Finance Dept. –Basket with various items
- * Tribal Council – Canned goods and cedar items
- * Bingo Hall – Keurig Coffee Basket
- * Casino – Washington Products
- * Family Services – Memories Basket
- * Muckleshoot Market & Deli – Night at the Movies Basket
- * MOST & Canoe Pullers – Gardening Supplies
- * Neva Hamilton – Handmade quilt, It's a Boy Basket, & It's a Girl Basket

Mariners' Drawings

Mariner's tickets are still available and 2013 game schedule is:

Mariners Vs Oakland A's	June 21st to 23rd
Mariners Vs Cubs	June 28th to 30th
Mariner Vs Angels	July 12th to 14th
Mariners Vs Twins	July 26th to 28th
Mariners Vs Brewers	August 9th to 11th
Mainers Vs Angels	August 23rd to 25th

Please make sure and sign up if you like to go to the ball game! We hold the ticket drawings the Wednesday prior to the game

Important Dates for this Month

- * Mondays—Are our carving days in the Elders Complex Craft Room @ 10am
- * Tuesdays—We will be visiting homebound elders in the afternoons
- * Wednesdays—Are medicine making days with Harmony Blancher in the Elders Complex Craft Room
- * Thursdays—We will be leaving by 9 am to go to the mountains

Upcoming Events

- * June 21st—Cooks Retreat 9am-3pm with Chefs Chris & Claudia
- * June 22nd—Bentwood box workshop series with Abe Lloyd & Miguel Hernandez
- * July 27th—Elders Breakfast at Elders Complex at 9 am
- * Our Elders luncheon are starting up so please remember to sign up at the Elders complex
- * Canoe Journey is our next big trip 2013 we have rooms reserved with limited space so please sign up at Elders complex and go from there on arrangements.

Special Thanks to... We like to thank all those who donated to our Elders luncheon Raffle and door prize for the 2013 Elders luncheon at Emerald Downs.

- * Marlene Cross
- * Art Lopez
- * Pearl Barr
- * Jeanne Moses
- * Al Starr
- * Jackie Swanson
- * Virginia Cross
- * Millie Jones
- * Carrie Rincon
- * Connie Daniels
- * April Brown
- * Carolyn Sloppy
- * Debra Anderson
- * Delbert Starr
- * Frank Jerry Sr.
- * Harriet Ross
- * Les Nelson
- * Gerri Joe
- * Pam Jackson
- * Wally Jackson
- * Lola Elkins

2013 Muckleshoot Elders Luncheon

May 22, 2013 - Emerald Downs



PHOTOS BY JOHN LOFTUS

Head Start Wants Your Child!

2013-2014 enrollment open now!

Muckleshoot Head Start offers:

- Free full and half day educational programs!
- Free breakfast, lunch and snack
- Free transportation
- Special services

- Current physical
- Current dental exam
- Income verification
- Guardianship papers if applicable

I would love to answer your questions and get you started on the application TODAY! For additional information, call Leonie Rodarte at 253-876-2997, or email at leonie.rodarte@muckleshoot.nsn.us.

To apply, bring in the following documents:

- Child birth certificate
- Child social security
- Child/parent Tribal enrollment verification



HOUSING EMPLOYEE OF THE MONTH

Garry Perkins was chosen once AGAIN for employee of the month by several of the Housing Staff. It may be the unit turns, work orders, annual inspections, positive attitude, excellent attendance, participation in bringing in new recipes, or even his gardening tips, but Garry is just an all around good guy at whatever he does. He is well respected in all departments of the Housing Authority and deserves every bit of it. Thanks once again Garry!

DUCKS

SOFTBALL TOURNAMENT

Co-Ed
\$275 Entry fee
Open Tournament
July 13-14
Muckleshoot Ball Fields

1st, 2nd, 3rd
Cash prizes

No use of personal
bats, they will be
provided

This is a community event and tournament host as well as MIT are not responsible for any theft, loss, or injury.

Cash or Checks payable to:
Tammy James
39015 172nd Ave Se
Auburn, Wa 98092
253-569-0089
katalut21@msn.com

MIT Community Garden



Healthy Food for Strong Bodies!

Attention: All Muckleshoot Tribal Members
HURRY IN TODAY and sign up for your very own Garden Plot!
 Just stop by the Planning Department located in the Philip Starr Building to reserve your plot or for more information call
Roger Blaylock at 253-876-3124.
 Email: roger.blaylock@muckleshoot.nsn.us

Landing date: August 1, 2013
Point Grenville, wa.

Paddle to Quinault 2013

xəskox čit gwaxlɔlməx W

Honoring our Warriors

maps - accommodations - volunteer - registration forms - news - photos

CANOES LAND AT QUINAULT AUGUST 1, 2013



Welcome to Hell

“Welcome to Hell,” the sign should’ve read,
 Reaching your destination – all in your head!
 “Last call for the train heading to Nowhere Fast,”
 The memories you create will forever last.
 You want to buy a ticket, What’s the cost, you ask?
 Just hop on board, we’ll talk once you’re trashed.
 Close your eyes and picture something grand,
 No peeking! Now trust me, and give me your hand!
 To a beach with water and the sun shining down,
 Open up! No beach here, you’re hell bound.
 Of course there’s water! But it’s for your rig and spoon,
 Lil’ girl, don’t be afraid – 14 years old isn’t that soon...
 The men don’t bite, but you’ll be messed up beyond belief,
 When you do pass out, not remembering – a relief.
 Ashamed to face Mommy! Got to have that coke!
 Shooting dope everyday, A girl with dreams lost all hope.
 I laugh at you as you toss your life in the wind,
 To far gone... it’s us ‘til the end.
 I’ll be there when you lose your pride,
 When you forget your morals, I’m at your side.
 You’ll cheat and steal to have that fix,
 Won’t take baby to the doctor, although she’s sick.
 Getting a pill – definitely #1 on the list,
 Oops. Another appointment baby missed.
 Nanny buys diapers because Mommy stays high,
 Daddy hits Mommy and the children cry.
 After years of this bliss the kids got took,
 Mommy’s a junkie and is fast becoming a crook.
 You’ll land in jail, a drug addict you remain,
 Your heart turns cold as you play the game.
 Do not pass go – strip your dignity right here,
 This old man wants you, dry your tears,
 Quote a price! Self respect long forgotten,
 You’d sell your soul to the devil for an Oxycontin.
 I told you girl the destination is in your head!
 “Welcome To Hell!” Next stop... Well, she’s dead.
 I told you that I’d stick it out ‘til the end,
 For me, you traded your dreams and kids,
 Your Addiction, Life, and your faithful Friend.

HELPFUL HINTS FROM HR:

A few tips on doing a good interview

- Be able to present why you are qualified for the job and why you are interested in working for the company.
 - Take time to learn about the company and the position you are interviewing for.
 - Verbal communication is important. Take the time to answer the questions as clearly as possible.
 - When answering questions during an interview, focus on the positive aspects of previous employment and not the negative.
 - Take the time to say thank you for the interview.
3. **Question: What is good customer service?**
Answer: Helping customers in a fast and efficient way. Always, having a friendly and helpful attitude.
 4. **Question: Do you prefer to work independently or as a team?**
Answer: I am equally comfortable working as a team member or independently.
 5. **Question: Tell me about yourself.**
Answer: Short description of who you are and what you are capable of and what your strengths are, and how that will benefit the company.
 6. **Question: How do you handle stress?**
Answer: talk about how you can remain calm under stress/pressure. Also how you can use breathing techniques if needed.
 7. **Question: What is your greatest strength?**
Answer: Talk about your time management skills and how you are highly organized and efficient. Make sure to express that the skills you possess are obligatory to the position you are interviewing for.
 8. **Question: What is your greatest weakness?**
Answer: turn a negative into a positive, wanting to triple check your work at all times.
 9. **Question: What did you like or dislike about your previous position?**
Answer: Talk about how you like to be challenged. Don't be negative; again you don't want the employer to think you would speak badly of them or the company.
 10. **Question: where do you see yourself in 5 years?**
Answer: just be positive and be honest.

TOP 10 INTERVIEW MISTAKES:

- **Being unprepared.** Not being able to answer crucial questions; qualifications and knowledge of the position.
- **Dressing inappropriately.** Visit the work site to see what the employees are wearing.
- **Poor communication.** Speak clearly and make eye contact with all persons in the room.
- **Too much communication.** Checking your phone during an interview.
- **Talking too much.** Keep your answers succinct.
- **Not enough talking.** Fully answer questions as best you can.
- **Fuzzy facts.** Take notes with you, dates of prior employment, qualifications etc.
- **Give the wrong answer.** Give the interviewers your full attention. So you can answer the questions to the best of your abilities
- **Badmouthing previous employers.** They might think you will speak the same of them if things go sour.
- **Forget to follow up.** Follow up with a thank you and maybe a hand shake. And make sure to reiterate your interest in the position.

TOP 10 INTERVIEW QUESTIONS AND ANSWERS:

1. **Question: Why should we hire you?**
Answer: tell them about your skills and qualifications. Compare the job description with your abilities and past accomplishments in previous positions.
2. **Question: Why do you want to work here?**
Answer: research the company and the position you are interviewing for so you can talk about the advantages of working for the employer.

Going into a job interview can be scary. Just remember, take your time, breathe, and do the best you can. And don't get discouraged if it doesn't happen for you right away. Don't give up, keep on trying. Employers take persistence into consideration.




**Annual Hunters Meeting/
485 Hunt Drawing**

6pm

Thursday July 11, 2013

PSB Cougar Room
Drinks and Light Snacks Provided

**Cedar River Hunt/Goat/
Sheep Drawings**

**6pm, July 18, 2013,
PSB Cougar Room**

MUST SIGN IN BY 6PM TO BE ELIGIBLE FOR DRAWING

Age 16 and older tribal members are eligible

MUST BE PRESENT TO WIN @ BOTH DRAWINGS

If you received a fine last season 2012 you are not eligible for the drawing


MUCKLESHOOT SOBRIETY POW WOW

“NATIVES ON A WELLNESS PATH”
JULY 26, 27 & 28, 2013

LOCATION
Muckleshoot Pow Wow Grounds
Auburn, Washington

GRAND ENTRY
Fri, July 26th - 7:00 pm
Sat, July 27th - 1:00 pm & 7:00 pm
Sun, July 28th - 1:00 pm
Daily Grand Entry Points Taken.

HEAD STAFF
Host Drum: Wild Rose
MC: Randy Vendiola
MC: Arnold Little Head
Arena Director: Sonny Eagle Speaker
Whipman: Anthony Bluehorse



DANCE CATEGORIES					
Sr Golden Age Men (Age 65+)	Jr Golden Age Men (Age 50-64)	Adult Men (Age 18-49) Traditional, Fancy, Grass, Round Bustle	Adult Women (Age 18-49) Traditional, Jingle, Fancy	Teen Boys (Age 13-17) Traditional, Fancy, Grass Teen Girls Traditional, Jingle, Fancy	Jr. Boys (Age 6-12) Traditional, Fancy, Grass Jr. Girls Traditional, Jingle, Fancy
1st \$700.00	1st \$700.00	1st \$700.00	1st \$700.00	1st \$400.00	1st \$300.00
2nd \$500.00	2nd \$500.00	2nd \$500.00	2nd \$500.00	2nd \$350.00	2nd \$250.00
3rd \$400.00	3rd \$400.00	3rd \$400.00	3rd \$400.00	3rd \$300.00	3rd \$200.00
4th \$300.00	4th \$300.00	4th \$300.00	4th \$300.00	4th \$250.00	4th \$150.00

*Tiny Tots (5 & under) No contest. Must be dancing in Pow Wow Regalia.
*Committee Specials: Specials TBA

Vendor Information:
10x10 space \$125.00
10x20 space \$200.00
No charge for Informational Booths.

Attention All Contest Participants:
All Dancers and Singers are required to have a Social Security Numbers (SSN) or Social Insurance Number (SIN). U.S. Citizen and non U.S. Citizen Contest Winners must also fill out additional paperwork.

*Committee of this event is not responsible for accidents, injuries, short funded travelers, stolen, lost articles or damage to personal property. **No Pets will be allowed. Absolutely No Drugs or Alcohol Allowed.***

Sponsored by the MIT Health Committee/Muckleshoot Indian Tribe
General Information: Lisa Elkins 253-939-6648 or Mike Starr 253-329-4360

EVERYONE WELCOME!

HAVE YOU MADE OUT YOUR WILL YET?

My name is Tim Wagar, and I am the Indian Wills Intern for the summer here at Muckleshoot. I am available to meet with you and draft your Will, Durable Power of Attorney, or Health Care Directive (Living Will). Please feel free to contact me anytime. My office hours are Monday through Thursday from 8:00PM to 4:30PM in the Planning division of the Philip Starr Building, of- fice # 296. You can also reach me by phone at 253-876-3124, or I can be reached by email at indian.wills@muckleshoot.nsn.us I look forward to hearing from you soon.



Making Memories Down on the River

PHOTOS BY MIKE & DENISE

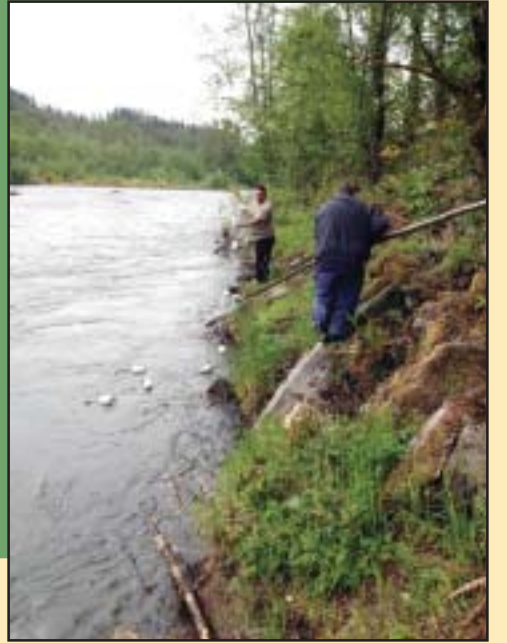
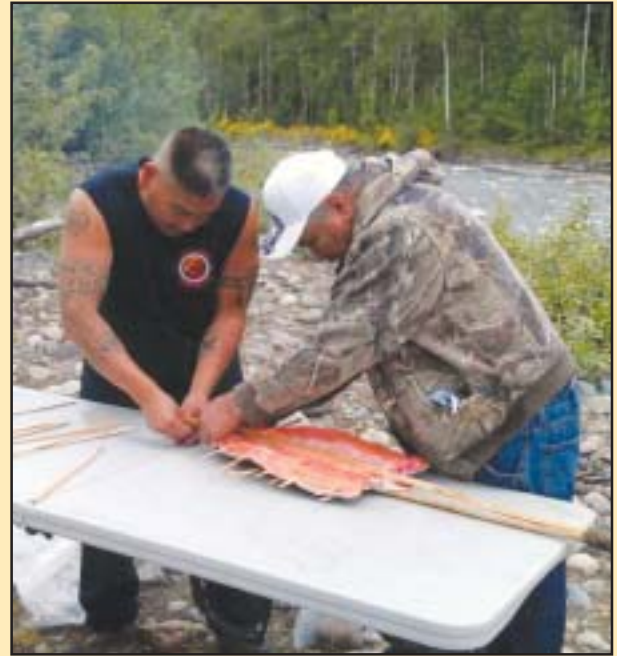
I wanted to take the time to share some photos which were taken this year's Springer fishery on the White River! I want to thank the Fisheries Dept. for all the hard work that is put forth for our opportunity to go back in time. This experience with my kids at the river brings me back to my single digit age years. It is an awesome feeling to do this.

I had these experiences during my early years and they are my roots of who I am today, and I would like my kids to be able to say the very same words when they are up in age. I can still picture in my mind all the ladies on the river side butchering fish and preparing to have a huge meal with all kinds of families down on the river! I remember it was a BIG DEAL and celebration on whoever caught the first SPRINGER! All the men would be drifting down river from way up river to the destination where everyone was waiting and cooking... these memories are our own treasures forever!

There are still parts of the old road down at the river. It's bumpy with rocks still embedded in the road. When I walk or drive them parts I always think about our people who once used them roads to go fishing, go picnic and / or just go for rides at the river all through the summer days.

I just want to say that SPRINGER that's cooked on the stick is my very first time I cooked a Springer that I caught on a stick!! So I celebrated with my family the way that we did years ago, but for me what was going through my mind and the thoughts of our OLD ONES there are no words for.... May there be many more memories for everyone to make...

Mike Jerry Sr.



EmErgEncy PrEPaREdnEss nEws

Ada McDaniel / 253-876-3247 /
ada.mcdaniel@muckleshoot.nsn.us

PAST MIT CERT PHOTOS

If you know anyone in these photos are, if you are a CERT graduate and need a new and updated certificate from NWTEMC, please get in touch with Ada at the MIT Emergency Preparedness Office.

GRAB 'N' GO KITS

MIT seniors and elders, if you still need to pick up a Grab 'N' Go Kit for household emergencies, Ada can provide them for you. Contact her at 253-876-3247 or ada.mcdaniel@muckleshoot.nsn.us

“Make a plan, build a kit, learn to help each other.”



From your Police Department

RCW 13.32A.080 Unlawful Harboring of a Minor

is punishable as a gross misdemeanor!!

Here is the state law:

(1)(a) A person commits the crime of unlawful harboring of a minor if the person provides shelter to a minor without the consent of a parent of the minor and after the person knows that the minor is away from the home of the parent, without the parent's permission, and if the person intentionally:

(i) Fails to release the minor to a law enforcement officer after being requested to do so by the officer; or

(ii) Fails to disclose the location of the minor to a law enforcement officer after being requested to do so by the officer, if the person knows the location of the minor and had either taken the minor to that location or had assisted the minor in reaching that location; or

(iii) Obstructs a law enforcement officer from taking the minor into custody; or

(iv) Assists the minor in avoiding or attempting to avoid the custody of the law enforcement officer.

Recently we've had a couple instances of "harboring" runaways so we felt we should pass on this information to community members about this issue. We understand the culture of the native community is to care for one another, especially our children when one is in need of shelter and care; however, "harboring" is a crime.

If you suspect a child in your home may be a runaway, please, report it to 9-1-1.

SHARON CALVERT *continued from page 1*

But this year, it took her awhile, half a year, before she really kind of got in good with Cathy Calvert, and she's graduating, and going to go to the University of Washington – has a free ride to the U-Dub. And so most of these kids that you saw down here today are going to go on to college. Two of them have already got their two-year degree. They all have plans. I mean, they're not just going to flop out there and do nothing. They've all got plans.

So I feel good about the fact that, in all the years that I was doing this, I only lost one graduate – one girl that didn't graduate. The year before last, every single one of the kids in that class went to college. So we have a good graduation rate – the highest in the state, Joseph Martin tells me.

[Speaking of her methods] Well, you know what? They all knew that I was watching them. And as soon as they got behind, got down in their grades a little bit, maybe failing a class, they knew they were going to have to come and see me, and they didn't want me to see them in a negative manner. They had that much respect for me, I think, that they didn't want to disappoint me. And so, when I'd call them in I always told them, 'There's no problem so big that we can't solve it. There's a way around everything. So when you get down, and you think it's the end of the world, you come see me, because we'll open up a new avenue.'

So they'd come in and we'd talk, and

I'd go talk to the teacher, and get them going back on the right track, just like I did with my own kids. You know? It was very rewarding.

[Looking back] It's quite a change from when my family went to school there. We were the only Indian family in whole high school. My sister graduated in 1953 – the first American Indian to graduate from Enumclaw High School. And then, of course, my brother and the rest of us. We all got a high school diploma in my family. My mother would settle for nothing less.

[Speaking of her illness] Well, I think you've got to stay busy. You can't dwell on it. There's a plan before you're ever born. The Creator knows the day you're going to die. There's a plan for your life, and I've always felt like the plan for my life was to be helping other people. And I just – you know – I really love working with these kids and seeing them grow up to be somebody.

We're going to give these kids Pendleton blankets on Monday night and, for me, it's an honor to be there and to stand there and watch that. And as long as He wants to keep me down here, to keep me working, then I'll continue to do this. But when he calls me home, I'm ready to go. I'm ready to go.

Farewell, Sharon. Well done. Well done.





MUCKLESHOOT POLICE



Muckleshoot Police May Recap

Those subjects listed as “arrested” or “arrested via citation” means there is enough evidence for the police to prefer charges but have not been convicted.

05/01/13 8:48 AM 13-095540 39600 block 175 LN SE Attempted Burglary

An elder reported the attempted burglary to her attached garage. The garage door was damaged but it appeared no entry was made into the garage and nothing was missing.

05/01/13 5:44 PM 13-095960 37000 block Auburn-Enumclaw RD SE Ignition Interlock Violation

Joseph Emery (39) was cited/arrested via citation for an “Ignition Interlock Violation” and “Driving While License Suspended in the First Degree.”

05/01/13 9:50 PM 13-096152 41600 block Auburn-Enumclaw RD SE Driving While License Suspended

Chad Ippolito (27) was cited/arrested via citation for “Driving While License Suspended in the Second Degree.”

05/02/13 12:23 AM 13-096230 41800 block 180 AV SE Assault

Tony Benson (36) was cited/arrested via citation for “Assault in the Fourth Degree Domestic Violence (DV)” after he assaulted his girlfriend. Benson left the scene before deputies arrived and was not located for booking.

05/02/13 11:30 PM 13-097166 Little Bill Property Homeless Camps

Deputies contacted three adults living on the Little Bill property. The subjects were told that they could not stay there and were told to move off the property.

05/03/13 1:39 AM 13-097222 4700 block Auburn Way S Driving While License Suspended

Agustin Rojero Navarro (35) was cited/arrested via citation for “Driving While License Suspended in the Third Degree.”

05/03/13 2:05 AM 13-097230 4200 block Auburn Way S Failure to Transfer Title

Terry Daniels (40) was cited/arrested via citation for “Failure to Transfer Title within 45 Days of Purchase” and “Driving While License Suspended in the Third Degree.”

05/03/13 2:00 PM 13-097529 Muckleshoot Tribal School Juvenile Disturbance

A juvenile student wouldn’t do what school staff told them to do and was swearing. When the school’s deputy arrived the juvenile raised their hand as if to poke the deputy, the deputy detained the juvenile in handcuffs for his safety. The principal was called and the incident is being handled by the school.

05/03/13 11:30 PM 13-097166 Little Bill Property Trespass

Deputies contacted an adult male and two adult females living on the Little Bill property. The subjects were told that they were trespassing and had to move off the property.

05/04/13 2:26 AM 13-098123 41300 block 179 LN SE Warrant Arrest

Cody Jansen-Benavidez (21) was arrested on an Enumclaw misdemeanor warrant for “Possession of a Dangerous Weapon” with a \$10,000 bail. Jansen-Benavidez was booked into the Enumclaw Jail.

05/05/13 10:15 AM 13-099132 38900 block Auburn-Enumclaw RD SE Theft

A juvenile had an Apple I Phone 5 stolen from a house while they slept. Deputies recovered the phone in the house from an adult female and returned it to the owner.

05/06/13 12:58 PM 13-066908 1700 block 17 ST SE Juvenile Runaway Found

A deputy located a juvenile runaway and took them to a juvenile facility in Seattle.

05/06/13 6:55 PM 13-100364 SE 388 ST/Auburn-Enumclaw RD SE Warrant Arrest

Gabrielle Formin (27) was arrested on a King County “DUI” misdemeanor no bail warrant. Formin was booked into the King County Jail.

05/06/13 7:04 PM 13-100370 39200 block Auburn-Enumclaw RD SE Driving While License Suspended

Maria Pacheco (37) was cited/arrested via citation for “Driving While License Suspended in the Third Degree.”

05/06/13 7:20 PM 13-100383 SE 392 ST/172 AV SE Warrant Arrest

Silvana Kalama (23) was arrested on a Port Townsend misdemeanor warrant for “Driving While License Suspended” with a \$600 bail. Kalama was booked into the King County Jail.

05/07/13 6:29 PM 13-101289 41400 block Auburn-Enumclaw RD SE Mental Complaint

An adult male was called on by his parents. When the deputy arrive the male had a pipe in his hand and was saying he was going to kill everyone. The male was sent to the hospital via a private ambulance for a mental health evaluation.

05/08/13 12:38 AM 13-101593 16300 block SE 388 ST Driving While License Suspended

Elizabeth Hydera (33) was cited/arrested via citation for “Driving While License Suspended in the Third Degree.”

05/08/13 12:07 PM 13-101915 SE 376 ST/176 AV SE Driving While License Suspended

Marcus Penn (28) was cited/arrested via citation for “Driving While License Suspended in the Third Degree.”

05/08/13 4:41 PM 13-102149 39200 block Auburn-Enumclaw RD SE Driving While License Suspended

Elizabeth Hydera (33) was cited/arrested via citation for “Driving While License Suspended in the Third Degree.”

05/08/13 7:58 PM 13-102334 36800 block Auburn-Enumclaw RD SE Driving While License Suspended

Emma Garcia (24) was cited/arrested via citation for “Driving While License Suspended in the Third Degree.”

05/08/13 8:20 PM 13-102387 39200 block 164 AV SE Warrants Arrest

Richard Leonard (24) was arrested on four King County misdemeanor warrants as follows; “DUI” with a \$5,000 bail, “Negligent Driving in the First Degree” with a \$5,000 bail, “Driving While License Suspended in the Second Degree” with a \$2,500 bail and “Driving While License Suspended in the Second Degree” with a \$5,000 bail. Leonard was booked into the King County Jail.

05/09/13 3:30 PM 13-103013 1400 block 17 ST SE Suspicious Circumstance

An elder male had a padlock put on his mailbox by an unknown person. The Housing Authority cut the lock off the mailbox. A deputy took a case report and forwarded it to the postal inspector.

05/10/13 10:00 AM 2900 block Auburn Way S Sexual Offender Registration

An adult male level 1 sex offender registered a change of address with the Sheriff’s Office.

05/10/13 5:40 PM 13-104003 40800 block Auburn-Enumclaw RD SE Driving While License Suspended

Wendi Culbertson (22) was cited/arrested via citation for “Driving While License Suspended in the Third Degree.”

05/11/13 10:39 AM 13-104596 39000 block 164 AV SE Violation of a Court Order/Assault

Nathen Baker (Barr) (33) violated a Protection Order by being at his mother’s and step-fathers house. The male assaulted his elder step-father after an argument with his elder mother. The male was gone when deputies arrived and could not be located. The male is being charged with felony “Violation of the Protection Order Domestic Violence (DV)” and “Malicious Mischief (Vandalism) DV.”

05/12/13 5:50 PM 13-105653 39800 block Auburn-Enumclaw RD SE Drug Overdose

An adult male overdosed in a vehicle apparently on heroin, the male was unresponsive and aid had to be called. The male was revived by a Medic One unit and transported to the hospital by a private ambulance for medical treatment.

05/12/13 7:22 PM 13-105718 28000 block Mud Mt RD Custodial Interference

Two minor children were removed from the parents by Child Protective Services. The parents took the children from the custodial adult during approved visitation. Deputies located the parents and children at their house, the children were turned over to a Muckleshoot Child and Family Services case worker. Jonnie Moses (32) was arrested on a Bonney Lake warrant, he was transported to Bonney Lake and turned over to a Bonney Lake officer. The parents are being further investigated on possible charges for taking the children.

05/13/13 9:22 PM 13-106680 Davis Site Warrant Arrests

Leonard Wayne 4th (26) was arrested on a no bail Department of Corrections (DOC) felony warrant for “Escape from Community Custody” on the original charge of “Assault in the Third Degree.” Ryan Jameyson (29) was arrested on an Enumclaw misdemeanor warrant for “Possession of an Unlawful Firearm” with a \$25,000 bail. Wayne was booked into the SCORE Jail and Jameyson was booked into the Enumclaw Jail.

05/13/13 9:22 PM 13-107285 Davis Site Trespass

Leonard Wayne 4th (26) and Rebecca Underwood-Elkins (23) were cited/arrested via citation for “Criminal Trespass in the First Degree” after being found hiding in a house on the Davis site. Wayne and Underwood-Elkins had been trespassed from all Muckleshoot Housing Authority property for a period of two years on 04/06/13.

05/13/13 9:22 PM 13-107309 Davis Site Trespass

Ryan Jameyson (29) was cited/arrested via citation for “Criminal Trespass in the First Degree” after being found at a house on the Davis site. Jameyson had been trespassed from all Muckleshoot Housing Authority property for a period of one year on 06/25/12.

05/15/13 12:10 AM 13-108284 2400 block 17 DR SE Driving While License Suspended

Ramzee Mitchell (18) was cited/arrested via citation for “Driving While License Suspended in the Third Degree.”

05/15/13 1:09 AM 13-107672 37700 block Auburn-Enumclaw RD SE DUI

Marcus Penn (28) was arrested for DUI. Penn was turned over to a Washington State Patrol trooper for further DUI processing.

05/15/13 11:17 AM 13-107934 2400 Block 17 DR SE Warrant Arrest

Janika Mitchell (20) was arrested on a felony Department of Corrections (DOC) warrant for “Escape from Community Custody” and an Auburn misdemeanor warrant for “Minor in Possession/Consumption of Alcohol” and “Making False Statements.” Mitchell was booked into the SCORE Jail.

05/15/13 4:30 PM 13-108181 Health and Wellness Center Warrant Arrest

Wade Brown (46) was arrested on a felony no bail warrant from the DOC for “Escape from Community Custody.” Brown was booked into the SCORE Jail.

05/15/13 6:19 PM 13-108275 Dogwood ST SE/Auburn Way S Driving While License Suspended

Antonio Vazquez Esparza (47) was cited/arrested via citation for “Driving While License Suspended in the Second Degree.”

05/16/13 6:12 PM 13-109177 Davis Site Warrant Arrest

A juvenile was arrested on a King County Juvenile Court misdemeanor no bail warrant for “Youth at Risk.” The juvenile was booked into the King County Juvenile Detention Center.

05/17/13 12:02 PM 13-109705 SE 388 ST/Auburn-Enumclaw RD SE Drug/Warrant Arrest

Terence Edenholtm (24) was arrested after running from deputies then being tased. Edenholtm had cocaine, meth and suspected ecstasy pills. Edenholtm also had a felony warrant from King County for a “VUCSA (Drug)” violation with a \$5,000 bail. Edenholtm was trespassed from all Muckleshoot Housing Authority property as he had just come from Skopabsh Village and the Davis site with the drugs. Edenholtm was booked into the Regional Justice Center (RJC) Jail for “Possession of Drugs with Intent to Deliver” and on the warrant.

05/17/13 3:20 PM 13-109863 39300 block Auburn-Enumclaw RD SE Fraud

An adult female reported a fraudulent charge of \$1,600 on a business credit card.

05/20/13 7:00 AM 13-111892 41400 block Auburn-Enumclaw RD SE Vehicle Prowl

An adult female reported her vehicle window busted with mul-

tle items taken including an Ipad mini, 2 camera, her purse and contents. There is suspect information and it was forwarded to the detectives for investigation and follow-up.

05/21/13 7:38 PM 13-112193 5700 block Auburn Way S Driving While License Suspended

Leon Brown (25) was cited/arrested via citations for “Driving While License Suspended in the Third Degree” and “No Proof of Insurance.”

05/22/13 2:40 PM 13-113835 41400 block Auburn-Enumclaw RD SE Juvenile Runaway

A juvenile packed their bag and left the house after getting into an argument with a foster parent. The juvenile was located by Muckleshoot Child and Family Services (MCFS) on 05/23/13.

05/22/13 10:16 PM 13-114196 37400 block Auburn-Enumclaw RD SE Warrant Arrest

Terry Daniels (40) was arrested on a King County misdemeanor warrant for “Driving While License Suspended in the Third Degree” with a \$1,000 bail. Daniels was booked into the King County Jail.

05/23/13 8:10 AM 13-114426 39300 block Auburn-Enumclaw RD SE Burglary

A business’ garage/shop was broken into and about \$4,864 in tools were stolen.

05/24/13 12:42 AM 13-115140 Davis Site Obstructing an Officer

Gavin Hannah (21) lied to deputies who responded to the house for a 911 call of an assault and disturbance. Hannah gave a false name and date of birth. Hannah was cited/arrested via citation for “Making a False Statement to a Public Servant.”

05/24/13 1:59 AM 13-115160 2700 block Auburn Way S Warrant Arrest

Joseph Garlick (55) was arrested on a felony no bail Department of Corrections (DOC) warrant for “Escape from Community Custody.” Garlick was booked into the Enumclaw Jail on the warrant. Garlick was cited/arrested via citation for “Driving While License Suspended in the Third Degree.”

05/25/13 12:00 PM 13-116260 2400 block 24 ST SE Protection Order Service

A deputy served an adult male with a Temporary Protection Order that protects an elder female.

05/25/13 1:50 PM 13-116335 2600 block 24 ST SE Protection Order Service

A deputy served a male with a Temporary Protection Order that protects an elder female.

05/27/13 10:40 PM 13-118151 19500 block SE 416 ST Recovered Stolen Property

A deputy stopped a car driven by an adult male, when the car came to a stop in a driveway a second known adult male ran away on foot. There were three chainsaws in the vehicle that through investigation were found to be stolen from Cutters Supply in Enumclaw. Enumclaw Police took custody of the chainsaws and will be investigating the case since the burglary happen in the city of Enumclaw.

05/28/13 8:20 AM 13-118354 Muckleshoot Child and Family Services Burglary

A door into MCFCS was forced open, filing cabinets were opened and gone through. A digital camera and \$50 in cash were taken.

05/28/13 4:00 PM 13-118679 5500 block Auburn Way S Fraud

A child of a recently deceased person took money out of the deceased’s bank account without the authorization on the executor of the estate. The executor did not wish to pursue criminal charges but wants to seek a civil judgment through the Tribal Court.

05/29/13 10:00 AM 13-118667 Muckleshoot Indian Reservation Child Abuse

A referral from Child Protective Services (CPS) of possible child abuse.

05/29/13 10:52 AM 13-119344 Muckleshoot Tribal Housing Office Theft

A senior female reported the theft of a black M&M jacket from the Housing Office.

05/29/13 12:00 PM 13-119389 17000 block SE 389 WAY Fraud

An elder male and an elder female reported that their bank debit card was being us fraudulently with four withdraws being made.

05/29/13 12:00 AM 13-119450 Muckleshoot Tribal School Rape

The School Resource Officer (deputy) received information that a juvenile student was having sex with an adult in exchange for drugs.

05/29/13 2:15 PM 13-119485 39900 block Auburn-Enumclaw RD SE Threats by Phone

William Lane (43) was cited/arrested via citation for “Harassment (Threats)” for threatening by phone to assault a family member.

05/29/13 7:33 PM 13-119756 Dogwood ST/Auburn Way S Driving While License Suspended

Leon Brown (25) was cited/arrested via citation for “Driving While License Suspended in the Third Degree.”

05/30/13 2:54 PM 13-120487 Auburn Way S/Fir ST Drug Possession with Intent to Deliver

An adult male suspected of drug dealing was stopped in his car. 302 pills and crack cocaine were found. The male was arrested and booked into the Regional Justice Center (RJC) Jail for drug possession with intent to deliver (sale.)

05/30/13 11:53 PM 13-120907 38300 block Auburn-Enumclaw RD SE DUI/Drug Possession

Timothy Tozier (46) was stopped for driving violations. Tozier was intoxicated. A State Trooper arrived to assist. After Tozier was taken into custody for DUI, seven pills were found on his person. Tozier was transported to the Enumclaw Police Station where custody of Tozier and the pills were transferred to a trooper.

Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	11:00 AM Church Service
Tuesday	12:00 Noon Prayer Meeting
Wednesday	6:30 PM Bible Study
Thursday	12:00 Noon Support Group Meeting
Thursday	7:00 PM Spanish (language) Church
Friday	7:00 PM Prayer Meeting
3rd Saturday	10:00 AM Prayer Meeting

MUCKLESHOOT INDIAN CASINO

You can now apply for jobs ON-LINE

Visit www.muckleshootcasino.com and click on "Career Opportunities" to view current job openings then complete your employment application. This on-line application can be completed 24 hours a day from the convenience of your home computer and/or at the Muckleshoot Indian Casino's Human Resources Office.

All you need is an e-mail address to set up your on-line application. If you do not have an e-mail address call

Human Resources Hours:
 Monday – Wednesday 9am to 6pm
 Thursday 9am to 9pm
 Friday 9am to 5pm
 HR Phone Number 253-929-5128



EVENTS CALENDAR



- June 14-16** Muckleshoot Veterans Pow Wow
- June 15** Keta Creek Kid's Trout Derby - 8:30 - 2pm. Ages 12 and under at the Keta Creek Hatchery. Call Gail Larsen at 253-876-3178
- June 20** Muckleshoot Child Care Development Fund (CCDF) Public Hearing. Lunch 12-2pm Appetizer and 5-7 dinner at Muckleshoot Early Childhood Education. Call 253-876-3056 x 3915
- June 28** First Salmon Dinner & Ceremony, 3pm at Muckleshoot Tribal School
- July 11-14** Pentecostal Church Camp Meeting, Muckleshoot Pentecostal Church, 7:00 pm nightly
- July 13-14** Ducks Softball Tournament - Co-Ed. Muckleshoot Ballfields. For more info call 253-569-0089
- August 10** Family Keta Creek Trout Derby - 8:30 - 2pm Keta Creek Hatchery. Call Gail Larsen at 253-876-3178
- August 23-25** Muckleshoot Skopabsh Pow Wow
- Sept. 28** Family Keta Fall Classic - 8:30 - 2pm Keta Creek Hatchery. Call Gail Larsen at 253-876-3178

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!
Muckleshoot.Monthly@muckleshoot.nsn.us

Cobell Questions?

Landowners/ IIM Account Holders

If you have questions regarding the Cobell Law-suit or know someone who may have questions/concerns, talk to a well-informed person with the "Garden City Group" (GCG) by calling their toll free number:
 1-800-961-6109, or e-mail them at: info@IndianTrust.com

CULTURAL WELLNESS GATHERINGS

AA Meeting
 The Foundation Every Tuesday 12-1PM
 Muckleshoot Recovery House Lunch Served
 39225 180th Ave SE
 Auburn Wa. 98092

Feather Healing Circle
 39015 172nd Avenue SE Tuesdays 5:00 pm
 Auburn, WA

Grief and Loss Support Group
 Wednesday's 6:00pm -8:00pm
 Behavioral Health, Bear Lodge

Women's Group
 Muckleshoot Tribal College Thursdays 5:00 pm

Boys Mentoring Group
 Muckleshoot Behavioral Health Thursday's 4:30 pm to 9:00 pm

Al-Anon Meetings
 Auburn First United Methodist Church Monday 10:30 a.m.
 E. Main & N St. S.E.
 Auburn, WA 98002

Federal Way Sunrise United Methodist Church Monday 6:30 pm
 150 S. 356th St.
 Federal Way, WA 98003

The Muckleshoot Casual Labor Employment Program

NEEDS PARTICIPANTS!

This program offers approved Casual Labor participants opportunities to learn skills in a variety of temporary jobs and departments throughout the Tribal Government.

When incidental positions need to be filled, we also use the Casual Labor list to help fill these incidental positions:

- Fisheries
- Administration
- Head Start
- MCDC
- Finance
- Tribal School
- Planning
- Public Works
- Facilities
- Maintenance
- Security


You begin by coming into the HR dept. and completing the Casual Labor application!

St. Leo The Great Catholic Mass

Every Sunday at 1:30 p.m. please join the Tacoma Kateri Circle and Father Pat Twohy, S.J. in celebrating the Catholic Mass. Native American Catholics are encouraged to celebrate the sacraments whether you are a regular parishioner or have not been to mass in months or years. Every third Sunday at 12:45 p.m. we have our Kateri Circle meeting. We are seeking new members. After the mass we will have a delicious potluck. St. Leo's is located at 710 South 13th Tacoma, WA 98409. Our website is www.katericircle.com

MUCKLESHOOT CCDF PUBLIC HEARING

June 20, 2013, 12-2pm & 5-7pm
 Muckleshoot Early Childhood Education Ctr.
 More information contact 253-876-3056



St. Claire's Mission Chapel Muckleshoot Reservation

3rd Saturdays at 5:00 PM

ATTENTION ALL MUCKLESHOOT COMMERCIAL FISHERS

saFETyaLErT!

DRUG SCREENING PROCEDURES WILL BE IMPLEMENTED FOR THE 2013-2014 COMMERCIAL FISHING SEASON COMPLIANCE WILL BE REQUIRED IN ORDER TO OBTAIN STICKER AND TO MAINTAIN ELIGIBILITY. THE FISH COMMISSION CURRENT POSITION IS TO REQUIRE A HAIR FOLLICLE TEST.

– THE FISH COMMISSION –

RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church
 Dennis Anderson Sr., Minister
 Sandy Heddrick, Assistant Minister
 Carl "Bud" Moses, 1st Elder
 Lee Stafford, 2nd Elder
 Gerald Moses Sr., 3rd Elder
 Teri Starr, Secretary/Treasurer
 Ben Sweet, Traveling Missionary

Muckleshoot Pentecostal Church
 Rev. Kenny Williams, Pastor

Sweat Lodge
 Doug Moses, 425-301-6081

Come work for Your Tribe and make a difference!!!

The Muckleshoot Tribal Administration is looking to hire Tribal members to fill its new openings. Please visit us in the Tribal Administration Human Resources Department to see if we have any openings that you might be interested in.

Also see our opening on-line at www.muckleshoot.nsn.us



2013 Per Capita Deadlines and Schedule

SEPTEMBER DISTRIBUTION


- June 28 Deadline for New Direct Deposits to be turned in to Tax Fund
- July 12 Deadline for Information to be turned in to Tax Fund from Tribal Programs
- August 9 Deadline to stop taking Direct Deposit Changes/ Cancellations
- August 31 Enrollment Cut Off Date for Dec 2013 Per Capita
- September 3 Per Capita Distribution Cougar Room
- September 4 Per Capita Distribution Cougar Room
- September 5 Per Capita Distribution Finance Building

NOVEMBER DISTRIBUTION




- September 30 Deadline for New Direct Deposits to be turned in to Tax Fund
- October 4 Deadline for Information to be turned in to Tax Fund from Tribal Programs
- October 25 Deadline to stop taking Direct Deposit Changes/ Cancellations
- November 25 Per Capita Distribution Cougar Room
- November 26 Per Capita Distribution Cougar Room
- November 27 Per Capita Distribution – Half Day Distribution Only in Finance

MARCH 2014 DISTRIBUTION


- November 30 Enrollment Cut Off Date for March 2014 Per Capita
- December 30 Deadline for New Direct Deposits to be turned in to Tax Fund




I just wanted to say Happy Fathers Day to my dad Mike Edwards!
Thank you for all you do for Bubbie and I – we appreciate it so much!
We love you dad, you mean the world to us!
Love, Deidre & Bubbie

Happy Father's Day, Matt Jones!
You're a great dad & step-dad!
We love and appreciate you!
Love, your wife and girls...




Jessica, Olivia, Madrienne, Lauryn, Vivian & Farrah

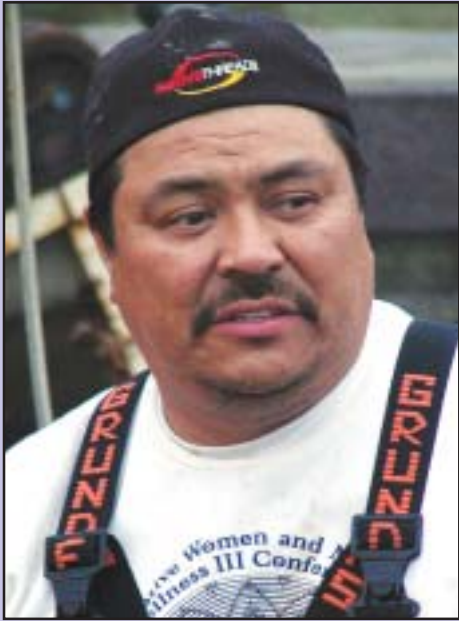


Happy 6th Birthday Adriana Gracelyn Cross(baby)!!

Love Always,
Mom, Dad, Brother Jason, Sister Stephanie, Sister Kendra, & Baby Sister Lorraina
Birth date: June 16th, 2013




Wishing my sister Gracia Morrison a Happy Birthday, from Marcellina




Happy Birthday Dad!
"BAKER"

June 8th 2013 Love always,
Ronette, Lena, Chuck, Alex, Maggie, Shellee, Johnny

Happy Birthday "PAPA BAKER" Love Always your Grandkids
Lenora, Noel, Sierra, Jennie

BIRTHDAY WISHES TO:
Grace Iverson, & Nakai Moses
I LOVE YOU BOTH VERY MUCH!
Theresa Jerry



Happy 4th birthday Talia!


We love you!




HAPPY BIRTHDAY KADENCE JUNE!

WE LOVE YOU AND WISH YOU THE BEST 1ST BIRTHDAY EVER June 6, 2013!!


Love always, your family! XoXo!




Photos from Marena Cross



Sylvia Lozier & Jeannie Moses



My Mama Sylvia



Dad & Harry Starr aka Head April 1967